

MAHARANI PADMAVATI GOVERNMENT COLLEGE FOR WOMEN,
SHAHZADPUR, AMBALA

Memo no. **BCW SNA/2064/2026**

Date: 24.08.2026

NOTICE

Celebration of National Sports Day – 2026

All the students are hereby informed that the **Department of Physical Education & Sports Board** and **Yoga Club** are organizing various sports and fitness activities on the occasion of **National Sports Day**, which is celebrated on **29th August** to commemorate the birth anniversary of the legendary Indian hockey player **Major Dhyan Chand**.

As part of the celebration, various activities and competitions will be conducted on **26th, 27th and 29th August 2026**.

Activities & Competitions

1. **Poster Making Competition**
2. **Suryanamaskar Activity**
3. **Plank Hold Competition**
4. **Tree Pose Hold Competition**
5. **Chair Sit Pose Hold Competition**
6. **Skiping Rope Competition**
7. **Chess Competition**
8. **Carrom Board Competition**
9. **Table Tennis (T.T.) Competition**

All students are encouraged to participate enthusiastically in these activities and competitions. The events aim to promote **physical fitness, mental well-being, discipline, concentration, sportsmanship and a healthy lifestyle** among students.

Entry Details

Last Date for Entries: 25.08.2026

Venue for Registration: Sports Office, Room No. 53

Students interested in participating are requested to submit their entries **on or before 25th August 2026** to Dr. Prachi Mann

Dates of Activities: 26th & 27th August 2026

Venue: College Campus

Organized by: Department of Physical Education & Sports Committee and Yoga Club


Dr. Prachi Mann
Convenor, Sports Board
M P G C W Shahzadpur, Ambala


Principal
Principal
M.P.G.C.W.
Shahzadpur (Ambala)