

Lesson Plan

Name of College: **Government College for Women, Shahzadpur (Ambala)**
 Academic Session: **July - Nov. (2026-27)**
 Class/Course Code: **BA 5th Semester/B23-HIS-501 CC/MCC**
 Paper: **History of Europe (1789-1914)**
 Teacher's Name: **Mr. Rajesh Kumar, Assistant Professor (History)**
 Internal Assessment Marks: **30** End-Term Exam Marks: **70**
Course Learning Outcomes; After completing this course, the learner will be able to:

1. Learn the major historical developments pertaining to the Context, Causes, Course and Consequences of the French Revolution; rise of Napoleon Bonaparte and his Domestic and Foreign Policies, and the Congress of Vienna (1815) and its Impact on Europe.
- 2 Understand the major historical developments pertaining to the Metternich System and the Conservative Era (1815-1830); European Revolutions of 1830 and 1848 and its aftermath in France; Impact of Industrial Revolution on Europe, and Unification of Germany and Italy.
3. Grasp the major historical developments related to the growing Imperialist Rivalries and Partition of Africa; formation of Diplomatic Alliances like Triple Alliance and Triple Entente, and Rise of Eastern Question and its impact on the Balkan region.
4. Demonstrate the Political Conditions of Europe in 1789, Continental System of Napoleon Bonaparte, Reconstruction of Europe by Vienna Congress, Political Conditions on the eve of World War - I on the outline map of Europe and also explicate it historically.

Month	Dates	Topic to be covered	Academic/ Activity to be organized	Assignments/ Tests
Aug.	1st	Europe on the Eve of French Revolution		
	2nd	French Revolution: Causes, Course and Consequences Map: - Political Conditions of Europe in 1789		
	3rd	Napoleon Bonaparte: Domestic and Foreign Policies		
	4th	Congress of Vienna (1815): Reconstruction of Europe Map: - Reconstruction of Europe by Vienna Congress		
Sept.	1st	Metternich System and the Conservative Era 1815 - 1830 Map: - Continental System of Napoleon Bonaparte	Assignment Presentation	Assignments I
	2nd	Revolutions of 1830 and 1848		Unit(I) Test
	3rd	Second French Republic and Second Empire, Industrial Revolution and its Impact		
	4th	Unification of Germany and Italy		Unit (II) Test
Oct.	1st	Imperialist Rivalries and Partition of Africa, Diplomatic Alliances and Rivalries: Triple Alliance and Triple Entente	Assignment Presentation	Mid-Term
	2nd	Eastern Question and the Balkan Wars		
	3rd	Diwali Brake		Assignments II
	4th	Circumstances leading to World War - I Map: - Political Conditions on the eve of World War - I		
Nov.	1st	Diwali Brake		Unit-3 Test
	2nd	Revision of 1 st Unit		
	3rd	Revision of 2 nd Unit		
	4th	Revision of 3 rd Unit		
Dec.	1st	Revision of I, II, III Unit (Map & Short Question)		Test

Teacher's Sign

Rajesh

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M.P.G.C.W.
Shahzadpur (Ambala)

MAHARANI PADMAVATI GOVT.COLLEGE FOR WOMEN

Lesson Plan - 2026-27

Academic Session : 2026-27
Class : BA 5TH
Paper : Local Government in India
Teacher's Name : MS VANEETA SHARMA /MS ANKITA

External marks-70

Course Outcomes

- ☐ Historical background and growth of Local Administration.
- ☐ Grasping the role of Local Government in India.
- ☐ Understanding the in-built control mechanisms over constitutional bodies in particular and administration in general.
- ☐ Acquire comprehensive knowledge of mainstream theories that have shaped and influenced Local politics and assess the relevance of these theories in present context.

Month	Dates	Topic to be covered	Assignments/ Tests/activities
Aug	1st week	Local Government: Evolution, Meaning, Features and Significance,	
	2 nd week	Urbanizations: Concept, Trends, Challenges and remedies,	
	3 rd week	Features of 74th Constitution Amendment Act-1992.	
	4 th week	Local Governmental Institutions: Municipal Corporation: Features, Role and Significance.	
Sept.	1 st week	Local Governmental Institutions: Municipal Council: Features, Role and Significance.	
	2 nd week	Local Governmental Institutions: Municipal Committees: Features, Role and Significance.	Assignments
	3 rd week	Urban development programmes.	
	4 th week	Municipal leadership in local government,	Assignments
Oct.	1 st week	Municipal personal administration,	
	2 nd week	People Participation in local government in India,	MIDTERM EXAM
	3 rd week	State Finance Commission.	
	4 th week	State Election Commission	
Nov	1 st week	BREAK(DIWALI)	
	2 nd week	State-local relations, and Rural urban relations	
	3 rd week	globalization and local governance,	
	4 th week	administrative reforms in local governance	
DEC	1 st Week	REVISION	

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Teacher's Sign


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Shahzadpur (Ambala)

MAHARANI PADMAVATI GOVT.COLLEGE FOR WOMEN

Lesson Plan - 2026-27

Academic Session : 2026-27

External marks-70

Class : BA 5TH

Paper : UNDERSTANDING POLITICAL THOUGHT

Teacher's Name : MS VANEETA SHARMA /MS ANKITA

Course Outcomes

- ☐ Critically analyze and compare the political theories of Plato and Aristotle.
- ☐ Demonstrate an understanding of the political philosophies of Hobbes, Locke, and Rousseau.
- ☐ Gain a deep understanding of Kautilya's Arthashastra and Gandhi's philosophy of nonviolence.
- ☐ Evaluate the revolutionary and reformist political ideas of M.N. Roy and B.R. Ambedkar

Month	Dates	Topic to be covered	Assignments/ Tests/activities
Aug	1st week	Plato	
	2 nd week	Plato	
	3 rd week	Aristotle	
	4 th week	Aristotle	
Sept.	1 st week	Hobbes	
	2 nd week	Locke	Assignments
	3 rd week	Rousseau	
	4 th week	Rousseau	Assignments
Oct.	1 st week	Kautilya	
	2 nd week	Kautilya	MIDTERM EXAM
	3 rd week	Gandhi	
	4 th week	M.N. Roy	
Nov	1 st week	BREAK(DIWALI)	
	2 nd week	B.R. Ambedker	
	3 rd week	REVISION	
	4 th week	REVISION	
Dec	1 st Week	REVISION	

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Teacher's Sign


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M.P.G.C.W.
Shahzadpur (Ambala)

MAHARANI PADMAVATI GOVT. COLLEGE FOR WOMEN SHAHZADPUR

Lesson Plan

Academic Session 2026-27

Class: B.A. 5th Semester

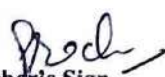
Paper: Basic Physiotherapy Techniques Course Code B23-VOC-113

Teacher's Name: Dr. Prachi Mann

Course Outcomes

- Understand the concept and principles of Physiotherapy, and the gross and microscopic structure of skeletal muscle.
- Acquire knowledge about major muscles and main joints of the human body.
- Understand the nervous system, mechanisms of tissue healing, rehabilitation and therapeutic exercises.
- Assess range of motion of joints.
- Manually test muscles and apply basic electrical components in electrotherapeutic equipment.
- Perform massage techniques for muscles of the upper limb, lower limb and back.

Month / Week	Dates	Topic to be covered	Assignments / Tests / Activities
Aug.	2nd week	Introduction to Physiotherapy: meaning, definition, purpose and principles; introduction to Anatomy and Physiology.	Orientation; class discussion;
	3rd week	Gross and microscopic structure of skeletal muscle; basic anatomy of bones; names and locations of major bones. Types of bones; meaning and types of joints; introduction to synovial joints.	
	4th week	Structure of synovial joint; revision of Unit I; practical identification of bones and joints.	practical record work.
Sept.	1st week	Important muscles and joints; location and identification of Sternocleidomastoid, Trapezius, Rhomboid Major and Latissimus Dorsi.	Bone/Muscle identification practical --diagram
	2nd week	Deltoid, Biceps, Triceps, Pectoralis Major and Rectus Abdominis: location and functions.	assignment.
	3rd week	Hamstrings, Quadriceps and Gastrocnemius; major muscle groups of lower limb.	Practical identification & viva questions.
	4th week	Ligaments of shoulder, hip, elbow and knee joints	revision
Oct.	1st week	Meaning of rehabilitation and guiding principles of rehabilitation of injuries; introduction to therapeutic exercises.	assignment on rehabilitation principles.
	2nd week	Thermotherapy: hot bag, contrast bath and whirlpool bath; precautions and applications.	
	3rd week	Hydrotherapy and cryotherapy: ice pack, ice wrap and ice massage; applications and precautions.	Practical demonstration
	4th week	Electrotherapy: short wave diathermy, infrared therapy and ultrasound therapy; principles and basic applications.	
Nov.	1st week	Diwali Break	Diwali Break
	2nd week	Therapeutic exercises: meaning and principles; PRICE and physiology of PRICE. Mechanism of healing: nervous tissue, muscle and bones	Discussion
	3rd week	Practical: PROM, AROM and AAROM exercises for joints; measurement of joint range using goniometer.	practical record completion
	4th week	Practical: manual muscle testing; basic electrotherapeutic components; coordination/balancing exercises; relaxation; massage of upper limb, lower limb, back and neck	viva voce
Dec. - 1st week	1st week	Revision	end-term revision.


Teacher's Sign
Dr. Prachi Mann


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Shahzadpur (Ambala)

Lesson Plan

Name of College: Government College for Women, Shahzadpur (Ambala)

Academic Session: Aug-Dec. (2026-27) (Odd)

Class : B.A 5th Semester

Paper :- Modern Sociological Thought-I

Course code- B23- SOC- 501

Teacher's Name: Ms. Suman

External Marks: 70

Internal Marks: 30

Course Outcomes:

1. Understand the various perspectives of exchange theory.
2. Learn about the various approaches of Interactionist theory like Symbolic Interactionism, Social Phenomenology, Ethnomethodology, and Thick Description.
3. Acquire conceptual clarification regarding Structuralism and Post- Structuralism.
4. Gain knowledge about various perspectives on Indian Society.

Month	Week	Topic	Assignment/Test /others
AUG	2 nd	Course introduction, overview of sociological thought	
AUG	3 rd	G.C. Homans – Exchange Principles	Discussion: Exchange in daily life
AUG	4 th	Peter M. Blau – Power in Exchange	
AUG	5 th	Emerson – Exchange Network	Powerpoint presentation
SEPT	1 ST	G.H. Mead – Symbolic Interactionism	Group presentation
SEPT	2 nd	Erving Goffman – Dramaturgical approach	Test
SEPT	3 rd	Alfred Schutz – Social Phenomenology	1 st Assignment
SEPT	4 th	Harold Garfinkel – Ethnomethodology	
SEPT	5 TH	Clifford Geertz – Thick Description	Presentation
OCT	2 nd	Claude Lévi-Strauss – Social Structure	Test
OCT	3 rd	Louis Althusser – Structural Marxism	Seminar
OCT	4 th	Antonio Gramsci – Hegemony	
OCT	5 TH	Jacques Derrida – Deconstruction	PowerPoint presentation
NOV	1 st To 9th	DIWALI VACCATION	
NOV	2 nd	M.K. Gandhi – Trusteeship & village reconstruction B.R. Ambedkar – Critique of caste	Seminar
NOV	3 rd	R.K. Mukherjee – Social philosophy G.S. Ghurye -Caste & Race	2 nd Assignment
NOV	4 TH	M.N. Srinivas – Sanskritization & Westernization Irawati Karve – Family & kinship	Group Discussion
DEC. (Up to 4 th)	1 st	Revision	

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MAHARANI PADMAVATI GOVT.COLLEGE FOR WOMEN SHAHZADPUR

Lesson Plan

Academic Session : 2026-27
 Class : BA 5th Semester
 Paper : Samkalin Hindi Kavita
 Teacher's Name : Dr. Nirmal Singh
 Course Outcomes :

External marks- 70
 Internal marks- 30

- Knowledge of contemporary Hindi poetry.
- Contribution of contemporary Hindi poets.
- Proficiency in the modern era of Hindi literature.
- Expertise in Hindi journalism.

Month	Dates	Topic to be covered	Assignments/ Tests/activities
july	1 st week	पाठ्यक्रम परिचय, हिंदी साहित्य का आधुनिक काल परिचय	
	2 nd week	भारतेन्दु युग परिचय एवं विशेषताएं द्विवेदी युग परिचय एवं विशेषताएं	
	3 rd week	छायावादी युग परिचय एवं विशेषताएं, समकालीन हिंदी कविता का परिचय	
	4 th week	सच्चिदानंद हीरानंद वात्स्यायन 'अज्ञेय' जीवन एवं साहित्यक परिचय, व्याख्या - हमारा देश, कविताओं पर आधारित समीक्षात्मक प्रश्न	यूनिट टेस्ट
Aug	1 st week	'अज्ञेय' व्याख्या - कितनी नावों में कितनी बार, नदी के द्वीप, कलगी बाजरे की, कविताओं पर आधारित समीक्षात्मक प्रश्न	
	2 nd week	धर्मवीर भारती जीवन एवं साहित्यक परिचय, व्याख्या - रथ का टूटा पहिया, कविताओं पर आधारित समीक्षात्मक प्रश्न	असाइनमेंट 1
	3 rd week	धर्मवीर भारती जीवन एवं साहित्यक परिचय, व्याख्या - विप्रलब्धा, फूल, मोमबत्तियाँ सपने, कविताओं पर आधारित समीक्षात्मक प्रश्न	
	4 th week	प्रगतिवाद युग परिचय एवं विशेषताएं, स्वतंत्र प्रेस की अवधारणा	यूनिट टेस्ट
Sept.	1 st week	प्रयोगवादी युग परिचय एवं विशेषताएं, पत्रकारिता: परिभाषा, स्वरूप	
	2 nd week	वुष्यंत कुमार जीवन एवं साहित्यक परिचय, व्याख्या - हो गई है पीर पर्वत सी, कविताओं पर आधारित समीक्षात्मक प्रश्न	

	3 rd week	वृष्यंत कुमार व्याख्या - साये में धूप, अब तो पथ यही है, कविताओं पर आधारित समीक्षात्मक प्रश्न	असाइनमेंट 1
	4 th week	समकालीन कविता की विशेषताएँ, पत्रकारिता: भेद और महत्त्व	यूनिट टेस्ट
Oct.	1 st week	चंद्रकांत देवताले जीवन एवं साहित्यिक परिचय, व्याख्या - शब्दों की पवित्रता के बारे में, कविताओं पर आधारित समीक्षात्मक प्रश्न	
	2 nd week	चंद्रकांत देवताले व्याख्या - मेरी किस्मत में यही अच्छा रहा, टूकों में बकरो की लादान, कविताओं पर आधारित समीक्षात्मक प्रश्न	
	3 rd week	आलोक धन्वा जीवन एवं साहित्यिक परिचय, व्याख्या - भागी हुई लड़कियाँ, कविताओं पर आधारित समीक्षात्मक प्रश्न	
	4 th week	आलोक धन्वा व्याख्या - मुलाकातें, पतंग मुलाकातें, पतंग, कविताओं पर आधारित समीक्षात्मक प्रश्न	मिडटर्म एग्जाम
Nov	1 st week	दीवाली की छुट्टियाँ (1 से 9)	
	2 nd week	दीवाली की छुट्टियाँ (1 से 9) संपादक के गुण और दायित्व	
	3 rd week	समाचार लेखन और विज्ञापन निर्धारित पाठ्यक्रम में संकलित कवियों के वस्तुनिष्ठ प्रश्न	
	4 th week	निर्धारित पाठ्यक्रम में संकलित कवियों का साहित्यिक परिचय एवं कविताओं पर आधारित समीक्षात्मक प्रश्न।	यूनिट टेस्ट
Dec	1 st week	दोहराई	सभी यूनिट्स


 Teacher's Sign-


 Principal

Lesson Plan of English (Introduction to Short Novel and Adv. Grammar: B23-Eng-501)

Name of the Teacher: Dr. Yash Pal

Class: B.A- III

Session: August 2026-Dec. 2026

Subject: English (CC)

Semester: IV

External Marks: 70; Internal Marks: 30

Course Objectives

- To introduce the students with short novel as a literary genre with close study of texts from diverse contexts and enable them to appreciate and discuss them. The course also take grammar to the next level for students.

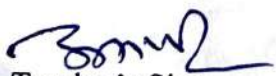
Course Outcomes

At the end of the course, students will be able to:

- Understand novel, particularly a short novel, as a genre
- Appreciate and understand various components through which a novel can be structured/framed.
- Understand common errors in verb/preposition usage and learn to overcome them.

Lesson Plan (Tentative) from 01.08.2026 to 04.12.2026

Month	Tentative Dates	Topic
August	01.08.26 to 14.08.26	Literature and genres; Novels/Short Novels; Reading Orwell's <i>Animal Farm</i>
	17.08.26 to 31.08.26	Textual-Study & Explication <i>Animal Farm</i>
Sept.	01.09.26 to 05.09.26	Textual-Study & Explication <i>Animal Farm</i> ; Grammar topic: Verbs
	07.09.26 to 12.09.26	Textual-Study & Explication <i>Animal Farm</i> Assignment 1
	14.09.26 to 19.09.26	Textual-Study & Explication <i>Animal Farm</i> Grammar topic: Prepositions
	21.09.26 to 30.09.26	Textual-Study & Explication Steinbeck's <i>Of Mice and Men</i>
Oct.	01.10.26 to 10.10.26	Textual-Study & Explication Steinbeck's <i>Of Mice and Men</i> ; Clauses
	12.10.26 to 17.10.26	Textual-Study & Explication Steinbeck's <i>Of Mice and Men</i>
	19.10.26 to 24.10.26	Textual-Study & Explication Steinbeck's <i>Of Mice and Men</i> ; Sentence Types
	26.10.26 to 31.10.26	Textual-Study & Explication Steinbeck's <i>Of Mice and Men</i> ; Sentence Types
Nov./ Dec.	10.11.26 to 21.11.26	Textual-Study & Explication Steinbeck's <i>Of Mice and Men</i> ; Sentence Types
	23.11.26 to 04.12.26	Review of the course


Teacher's Sign
(Dr. Yash Pal)


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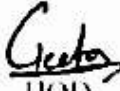

Principal

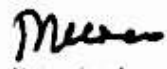
Lesson Plan

Name of College : M.P.Govt. College for Women, Shahzadpur (Ambala)
 Academic Session : August-December (2026-27)
 Class : B.A.5th Semester
 Subject : Sanskrit (Elective)
 Teacher's Name : DR. GEETA DEVI

Month	Dates	Topic to be covered	Assignments/ Tests / Activity
August	1 st Week	अभिज्ञानशाकुन्तल नाटक का परिचय और पात्रों का परिचय	
	2 nd Week	अभिज्ञानशाकुन्तल नाटक के पहले 2 अंकों के श्लोक व्याख्या महति और मृत्तियों की व्याख्या	
	3 rd Week	अभिज्ञानशाकुन्तल नाटक के 3-4 अंकों के श्लोक व्याख्या महति और मृत्तियों की व्याख्या	1 st Assignment
Sep.	4 th Week	अभिज्ञानशाकुन्तल नाटक का प्रश्नोत्तर भाग	
	1 st Week	अभिज्ञानशाकुन्तल नाटक के 4 अंकों का मार	
	2 nd Week	कान्दिदाम का प्रश्नोत्तर भाग और दोहरी	
	3 rd Week	संस्कृत साहित्य का इतिहास (चारों वेदों की संहिताएँ)	
Oct.	4 th Week	संस्कृत साहित्य का इतिहास (चारों वेदों के आरण्यक)	Unit Test
	1 st Week	संस्कृत साहित्य का इतिहास (चारों वेदों के ब्राह्मण)	
	2 nd Week	संस्कृत साहित्य का इतिहास (चारों वेदों के उपनिषद्)	
	3 rd Week	कारक प्रकरण और	2 nd Assignment
Nov.	4 th Week	अशुद्धि शोधन	
	1 st Week	वाक्य रचना	
	2 nd Week	लघुत्तरात्मकप्रश्न	
	3 rd Week	दोहरी	
Dec.	4 th Week	अन्यकार	
	1 st Week	दोहरी	Sample paper practice


 Teacher's Sign


 HOD


 Principal
 M.P.G.C.W.
 Shahzadpur (Ambala)

Lesson plan

External Marks:50

Academic Session : 2026-27(Odd Semester)

Class : BA/BSC Sem -V

Paper : Data Structures

Teacher's Name : Dr. Ravi Kumar Barwal

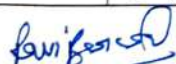
Course Outcomes: 1. Learn the basics of data structure and algorithm complexities.

2. Acquire knowledge of arrays and strings.

3. Understand the idea of implementation for linked lists and stacks.

4. Learn various searching and sorting techniques along with the implementation of queues

Month	Dates	Topic to be covered	Assignment/Tests/Activities
Aug	1 st Week	Data Structure Definition, Data Type vs. Data Structure, Classification of Data Structures, Data Structure Operations, Applications of Data Structures.	Assignment 1
	2 nd Week	Algorithm Specifications: Performance Analysis and Measurement (Time and Space Analysis of Algorithms- Average, Best and Worst Case Analysis).	
	3 rd Week	Arrays: Introduction, Linear Arrays, Representation of Linear Array in Memory, Two Dimensional and Multidimensional Arrays,	Test 1
	4 th Week	Sparse Matrix and its Representation, Operations on Array: Algorithm for Traversal, Selection, Insertion, Deletion and its implementation	
Sept	1 st Week	String Handling: Storage of Strings, Operations on Strings viz., Length, Concatenation,	Assignment 2
	2 nd Week	Substring, Insertion, Deletion, Replacement, Pattern Matching	
	3 rd Week	Linked List: Introduction, Array vs. linked list, Representation of linked lists in Memory, Traversing a Linked List,	Test 2
	4 th Week	Insertion, Deletion, Searching into a Linked list, Type of Linked List	
Oct	1 st Week	Stack: Array Representation of Stack, Linked List Representation of Stack, Algorithms for Push and Pop,	Assignment 3
	2 nd Week	Application of Stack: Polish Notation, Postfix Evaluation Algorithms, Infix to Postfix Conversion, Infix to Prefix Conversion, Recursion.	
	3 rd Week	Introduction to Queues: Simple Queue, Double Ended Queue, Circular Queue, Priority Queue, Representation of Queues as Linked List and Array,	Test 3
	4 th Week	Applications of Queue. Algorithm on Insertion and Deletion in Simple Queue and Circular Queue. Priority Queues	
Nov.	1 st Week	Diwali Break	Assignment 4
	2 nd Week	Tree: Definitions and Concepts, Representation of Binary Tree, Binary Tree Traversal (Inorder, postorder, preorder), Binary Search Trees – Definition, Operations viz., searching, insertions and deletion;	
	3 rd Week	Searching and Sorting Techniques, Sorting Techniques: Bubble sort, Merge sort, Selection sort, Quick sort, Insertion Sort. Searching Techniques: Sequential Searching, Binary Searching	Test 4
	4 th Week	Revision	


Ravi Barwal

Teacher's Sign


Principal
M.P.G.C.W.
Shahzadpur (Ambala)