

Youth Red Cross (YRC) Cell

The Youth Red Cross (YRC) is a student-led humanitarian movement that promotes voluntary service, health awareness, community welfare, and disaster preparedness. Guided by the fundamental principles of the Red Cross, the YRC Cell of the college strives to inculcate a spirit of service, compassion, leadership, discipline, and social responsibility among students. It also encourages healthy living practices and active participation in community-oriented activities.

Regular Health Activities and Camps

The YRC Cell actively organizes various health-related activities and awareness programmes throughout the academic year, including:

- **Health Check-up Camps:** Organization of general health and eye check-up camps for students and staff to promote early detection and awareness of common health issues.
- **First Aid and CPR Training:** Training programmes and demonstrations conducted by qualified professionals to develop essential life-saving skills, including First Aid and Cardiopulmonary Resuscitation (CPR).
- **Mental Health and Well-being:** Organization of counselling sessions, stress-management workshops, and awareness programmes focusing on students' mental well-being, emotional health, and examination-related stress.

Awareness Campaigns and Rallies

The YRC Cell actively works to sensitize students and the wider community about various health, social, and humanitarian issues through awareness campaigns, rallies, seminars, competitions, and other outreach activities.

- **Observance of Important Health Days:** Organization of seminars, expert lectures, poster-making competitions, awareness programmes, and other activities on occasions such as World AIDS Day.
- **Anti-Drug and Tobacco Awareness Campaigns:** Organization of awareness rallies, pledge campaigns, and educational programmes to promote a substance-free and healthy campus environment.
- **Hygiene and Sanitation Drives:** Conducting awareness activities and educational programmes on personal hygiene, sanitation, waste management, and menstrual health awareness.

Through these activities, the YRC Cell aims to develop responsible, compassionate, and socially conscious citizens who are committed to serving humanity and contributing positively to society.




Principal
M.F.G.C.W.
Bhazadpur (Ambala)