

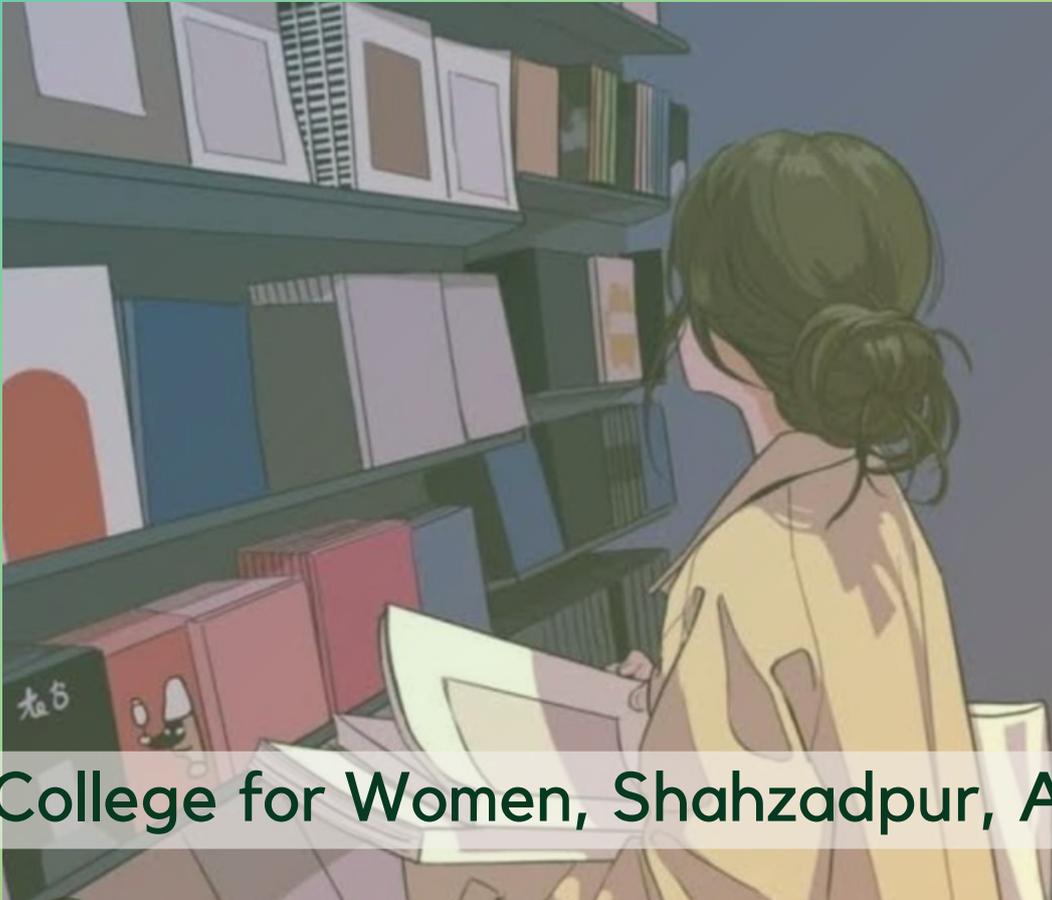
प्रतिबिम्ब

Pratibimb 2022-23

IT IS SAID THAT GIRLS WITH DREAMS,
BECOME WOMEN WITH VISION
MAY WE EMPOWER EACH OTHER,
TO CARRY OUT SUCH VISION

Meghan Markle

बेटी बचाओ, बेटी पढ़ाओ



Govt. College for Women, Shahzadpur, Ambala



**Cover Designed and Conceptualised By:
Harshita Dhiman & Harshdeep Kaur**

**This magazine would not have been possible
without the support
of our Principal, Ms. Rajni Bhalla.**



**Harsita Dhiman
Front Page Cover Editor
B.com Final Year**



**Harshdeep Kaur
Back page Cover Editor
B.sc Final Year**





Govt. College for Women,
Shahzadpur (Ambala)



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Fom the Principals' Desk

जिंदगी में डरने की जरूरत नहीं होती, स्थिति को समझने की जरूरत होती है। ऐसी कोई स्थिति नहीं जिसे हम अपनी समझ से सुधार ना सके। महाविद्यालय द्वारा लिखी जाने वाली इस पत्रिका 'प्रतिबिंब' में हम सभी छात्राओं से उम्मीद रखते हैं कि वे अपनी झिझक को छोड़कर अपने विचार सबसे सांझा कर सकें।

ऐसा करने से उन्हें एक विशेष उपलब्धि और खुशी का अनुभव होता है। महाविद्यालय में रचनात्मक लेखन को लेकर कार्यशालाओं का आयोजन भी किया गया है; जिसका उद्देश्य यही था कि छात्राएं अपने लेखन को सुधार कर, आत्मविश्वास पाएं और किसी भी प्लेटफार्म पर अपने विचार रख सकने की क्षमता हासिल करें।

आप शायद नहीं जानते कि आपके पास ऐसे प्राध्यापक हैं जो आपको उन क्षमताओं का एहसास दिला देते हैं जो आप सोचते नहीं कि शायद आपके पास हैं। कॉलेज मैगज़ीन में आपके विचार होना इसलिए जरूरी है क्योंकि कॉलेज मैगज़ीन कॉलेज का आईना होती है। हमारी तो कॉलेज मैगज़ीन का नाम ही प्रतिबिंब है, इसलिए आप में वह साहस जागृत करना हमारा कर्तव्य है, जिससे आप अपने विचार अपने साथियों तक पहुंचा सके इस प्लेटफार्म के माध्यम से। आपकी क्षमताएं और उपलब्धियां दिन प्रतिदिन नए आयाम देखें, इसी आशीर्वाद और भावना के साथ...

आपकी प्राचार्य
रजनी भल्ला





From the Editors' Desk

Once again, we are extremely content and excited to present to all of you, our annual magazine “Pratibimb” 2022-23 edition. It is the outcome of the efforts and time of the hardworking students, faculty members and Principal, Ms. Rajni Bhalla.

The latest edition of the magazine represents free expressions of the students and faculty members. The magazine is not limited to one theme or expression for the session 2022-23. We aim to let our students explore the world of knowledge with free will. We bring to your attention different forms of thoughts, expressions and concerns, if you find yourself reading our magazine in your ample free time. Students have beautifully expressed their views in the form of poems, articles, images etc. in this magazine.

In this magazine, you will find students as well as faculty members covering a wide range of topics of relevance in today's world. Students have expressed their views on the topics like happiness, female life, freedom, life, childhood life etc. we have tried to cover a variety of relevant topics.

Every publication is a result of teamwork. Publishing a magazine at college level requires collective efforts from each and every one at college. I am thankful, to the Principal mam, Ms. Rajni Bhalla for her support and encouragement. I am grateful to all my colleagues who are part of the “Pratibimb”. I am grateful to all the teaching staff for their contributions as authors, editors and builders for this college magazine. I am indebted to the young editors of the college magazine i.e. Anshikha, Chestha Sharma, Harshita, Harsheep Kaur, Chestha, Jyoti, Arleen Kaur and Harishta Dhiman from B.com final year.



Fom the Junior Editors' Desk

All things in life, including you, are in imperfect state of flux, so strive not for perfection, but for excellence instead.

With enjoyment and pleasure, we put forward the next dynamic piece of creativity, freedom, self-expression, enthusiasm of one year's work in our Annual Magazine "PRATIBIMB", which is an amalgamation of the year long work of talented souls along with the blend of unique taste from each one who have contributed for this magazine.

This year college magazine "PRATIBIMB" throws light on best aspects of our personalities through "FREE -EXPRESSION....!!!

Purpose of education is said to be achievable when an individual is at its creative best and expressive to the hill. We intend to bring best out of our students through this venture, wherein feelings of warmth and animosity are expressed freely without any restriction and reservation. This will solidify further threads of memory between the college and its students to the end of time.

We, the members of committee express our deep sense of gratitude to the Principal Ms. RAJNI BHALLA for giving us an opportunity to bring out the magazine. we are also like to express our heartfelt thanks to Dr. YOGITA SAROHI, for giving us this opportunity and for the unwavering support, guidance and belief in us.

Proudly Presents: PRATIBIMB

HOPE YOU ENJOY READING IT AS WE ENJOYED COMPILING IT.





Prayers to Flood Victims of Himachal and Neighbouring States

‘The greatest tragedy of life is not unanswered prayer, but unoffered prayer’

Gracious GOD, we pray for the victims of natural disaster that happened few months ago in Himachal Pradesh and neighbouring state. As a result ,1000 of families are rendered homeless, landless and penniless in Kullu , Mandi , Solan, Kinnaur, Manali, Lahaul Spiti and Kangra.

We pray to you that you would comfort the life that were spared Lord , and that you would take care of those who perished. God please bless those who are doing everything they can to help those people and also make sure that things run smoothly in repairing this great state . We pray that you will ensure that the victims do not come under any illness from this disaster and we also pray that they get enough food and clean water and proper shelter for everyone.

Last but not the least , We request all of you to make contribution as much you can for helping the victims and make sure that from now we stop exploiting the nature , the Earth. Moreover we should make some efforts to maintain the beauty of our nature.

GOD only you can make miracles happen and we are asking for one now.

Junior Editors’



Pillars of the College

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- **Ms. Suman, Asst. Prof of Sociology**
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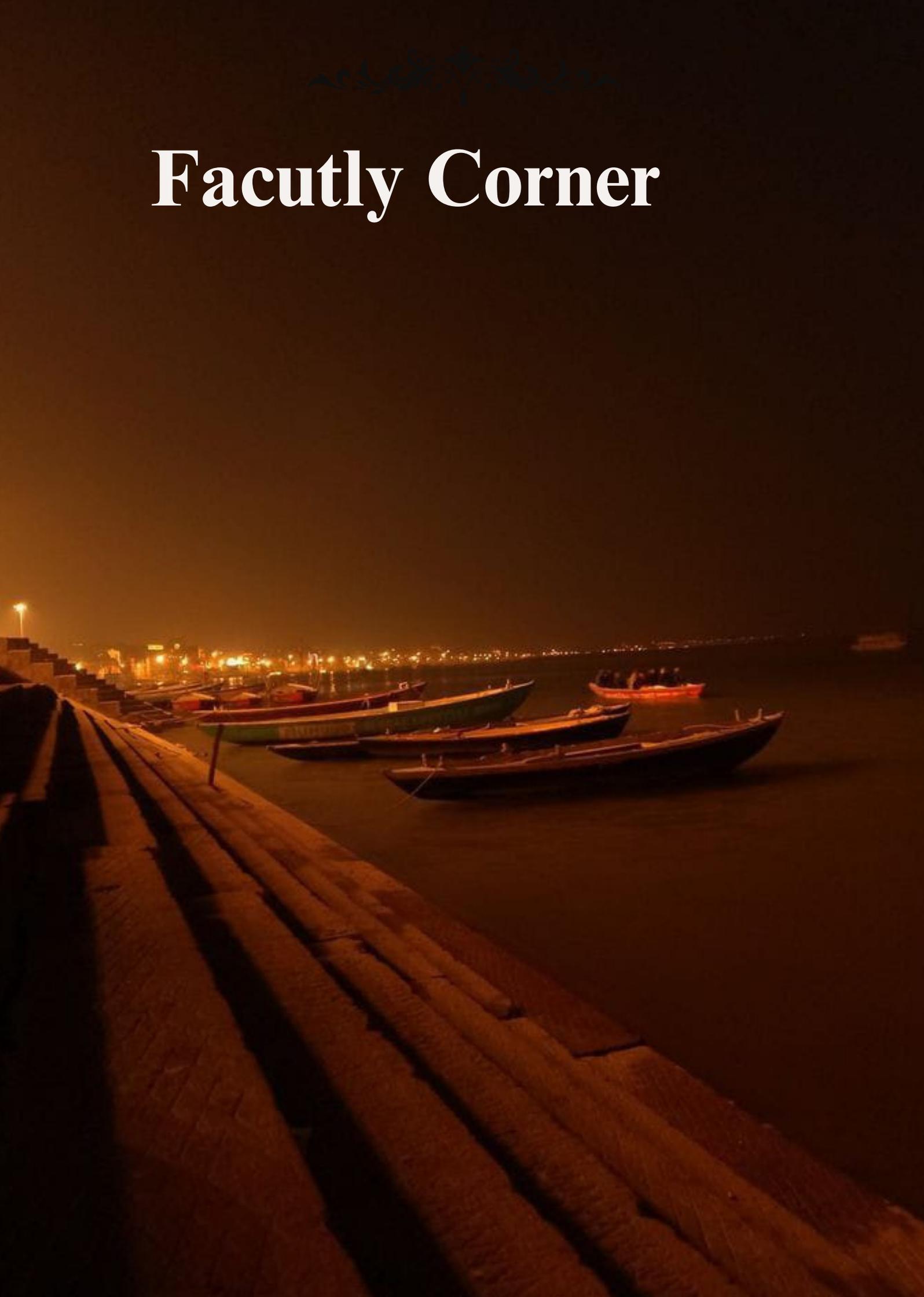
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Faculty Corner

Faculty Corner





Editorial Faculty Section

The college magazine is one of the platforms to exhibit one's mind, thought process, and creativity. The thoughts, opinions, strategies, and viewpoints of the intellectual class help in shaping the thought process and value systems of the students and also guide the young minds towards more constructive path they are required to follow. The teaching fraternity, based on their diverse experiences and expertise, are in a better position to create social, psychological, cultural, and ethical ecosystem which is necessary for holistic development of the students. The faculty members of this college have endeavored in this direction by presenting articles on different aspects of life. The topics like corruption, NEP, E-Commerce, AI, life skills, digital governance, etc. are broad enough to nudge every aspect of human mind. My worthy colleagues deserve a big round of applause for making the magazine all-inclusive and broad-based. Congratulations!!



Corruption in India

Corruption, a cancerous menace that hampers the growth and development of nations, has deeply rooted itself within the socio-economic fabric of India. The extent of corruption in the country is widespread, affecting every facet of public life, from government services and bureaucracy to judiciary and business transactions. However, understanding its dimensions and implementing effective remedies can pave the way for a more transparent and prosperous India.

Corruption refers to the abuse of entrusted power or position for personal gain, typically involving bribery, embezzlement, fraud, or other unethical and illegal practices. According to the Indian Penal Code (IPC), corruption is primarily covered under the Prevention of Corruption Act, 1988. In simpler terms, Section 7 of the IPC defines the offense of bribery for public servants. It states that if a person, who is or expects to be a public servant, accepts or attempts to accept any form of gratification (bribe) for performing or not performing an official act, showing favour or disfavour, rendering a service or disservice, or influencing a public authority, they can be punished with imprisonment and a fine.

The Extent of Corruption:

India's struggle with corruption is well-documented, with reports from organizations like Transparency International consistently ranking the country among the most corrupt in the world. Transparency International ranked India at 85 among 180 countries in its Corruption Perception Index report 2022 which is a poor ranking for India. The misuse of power, bribery, embezzlement, and favouritism are common occurrences that hinder the efficient functioning of public services. The nexus between politicians, bureaucrats, and business elites often perpetuates corrupt practices, diverting resources meant for public welfare towards personal gain.

Corruption's Impact:

The repercussions of corruption are manifold. It erodes public trust in institutions, distorts fair competition, and creates an unequal distribution of resources. In the realm of public services, corruption denies citizens their rightful entitlements, leaving marginalized communities particularly vulnerable. It hampers economic growth, discourages foreign investment, and inhibits poverty reduction efforts. It also undermines the principles of transparency, fairness, and integrity in public and private sectors, leading to a distortion of resources, unequal distribution of benefits, and an erosion of trust in institutions. Corruption can manifest in various forms, including political corruption, administrative corruption, corporate corruption, and more, and it often has detrimental effects on economic, social, and political systems.

Remedies:

Addressing corruption demands a multi-pronged approach involving legal reforms, institutional strengthening, and societal awareness. Remedies include setting a strong legal framework, encouraging transparency and accountability in public life through efforts like digitalization of government services, e-governance initiatives, etc, maintaining independence of judiciary and other constitutional institutions like CAG, election commission, etc, raising public awareness about the adverse consequences of corruption is essential, instilling ethical values in young minds, promoting and strengthening whistle blower protection Act, and last but not the least, through political and electoral reforms.

Conclusion

Corruption in India remains a significant impediment to progress, but it is not an insurmountable challenge. A comprehensive approach involving legal reforms, institutional strengthening, and

societal engagement can help in unravelling this complex issue. By addressing corruption head-on, India can pave the way for a more transparent, just, and equitable society that fosters sustainable development and prosperity for all.

Rajat Soni
Assistant Professor in Public Administration
GCW Shahzadpur, Ambala

Impact of E-commerce on offline Retail Stores

We all know how crucial the Internet is to our daily lives!! With the aid of the internet, we can purchase nearly anything online in a few simple clicks from any location in the globe. E-commerce is currently popular in the business world. Anything may be purchased online with only a few clicks of the mouse—search, choose, and pay—and the product will be delivered right to our door in a matter of days. Numerous commercial websites exist, like Amazon, Ajio, Myntra, Blinkit, Flipkart, etc. along with providing excellent after-sale services, these commercial sites make the purchasing process quicker, simpler, and more flexible. E-commerce service providers utilize a variety of methods to advertise their businesses online, including social media marketing, email marketing, digital marketing, and mobile electronic trade. We can compare the prices & offers available for products at different e-commerce sites with offline prices charged by visiting the retail stores. Now question is arising that Does e-commerce outcompete the offline retail stores or it negatively affect the existence of offline retail stores?? We should research the benefits and drawbacks of both physical retail outlets and e-commerce in order to respond to this topic. As we previously noted, customers are now able to purchase with ease at any time and from anywhere in the globe,

thanks to e-commerce sites that are open 24 hours a day, 7 days a week. Additionally, it offers customized items with a 7/14/21-day return policy so that customers may try them out on their own and, if they don't like any product, return or exchange it easily within the window of time allowed by the return & refund policy. Despite this, the majority of shoppers prefer a customized buying experience and want to physically feel, touch, and test the goods. Because online retailers provide substantial discounts to consumers in order to retain them in long run, offline vendors are selling their goods at low prices. The fact that e-commerce platforms utilize digital marketing to sway clients' preferences is another factor in their growth. For instance, let's say I looked for a lovely outfit on an online store but decided not to purchase it. After that, personalized ads for the outfit I was looking for started to appear everywhere. Online businesses may sway consumers' opinions and stimulate their desire to buy by utilizing tailored ads. Additionally, a number of mobile applications are available to buy the product, and payment may be made quickly using a number of payment methods. This promotes the expansion of e-commerce. Due to recent advancements, AI is currently popular around the world, making internet commerce much simpler and more comfortable for both businesses and customers. Despite this, we cannot conclude that e-commerce platforms can totally replace traditional retailers. We can comprehend it by using a real-world example. A few days back, there was significant rain and flooding in three districts of our country. It continued for three days. During these days e-commerce platforms ceased their operations or were affected by flooding. They just can't deliver anything. A few grocery stores remained open during that difficult period to supply people with the necessities of life. People would not have lived during that tough period without physical

establishments. Another reason why people choose offline over online purchasing is because of their attitude or a lack of understanding about the product's quality, quantity, safety, and convenience. Like with grocery items, we prefer to buy products from offline retail outlets, but it also depends on the type of the product. Due to this, e-commerce cannot entirely threaten the viability of physical retailers. However, practically all brands embrace omnichannel retailing, which mixes offline and online shops, and the strategy of "buy online & pickup in-store," which helps to increase sales and provide a positive customer experience, in today's fiercely competitive industry. To speed up sales and eventually increase profits, businesses can utilize e-commerce as a supporting tool to market their products on a national and worldwide scale. From the discussion above, it can be concluded that a company should use both online and offline trading to improve sales and provide consumers great products at fair prices as well as alluring sales discounts & offers in order to keep them as clients over the long term.

Shivani
Asst. Prof of Commerce

****The Evolution and Impact of Artificial Intelligence****

In the realm of modern technology, few innovations have captivated human imagination and reshaped society as profoundly as Artificial Intelligence (AI). This groundbreaking field, which encompasses the development of machines capable of performing tasks that typically require human intelligence, has evolved from a theoretical concept to a pervasive force shaping industries, economies, and daily life. This article delves into the evolution and impact of AI, highlighting its key achievements, challenges, and potential future directions.

AI's Impact Across Industries

AI has transcended its theoretical roots to revolutionize industries across the board:

1. ****Healthcare:**** AI-powered diagnostic tools can analyze medical images and predict disease outcomes. Machine learning algorithms assist in drug discovery and genomics research, potentially accelerating medical breakthroughs.
2. ****Finance:**** Algorithmic trading leverages AI to analyze market trends and execute trades at speeds beyond human capacity. AI-driven risk assessment and fraud detection enhance security in financial transactions.
3. ****Manufacturing:**** Smart factories utilize AI-driven robotics and automation to streamline production processes, reduce errors, and enhance overall efficiency.
4. ****Transportation:**** The development of autonomous vehicles holds the promise of safer roads and reduced traffic congestion. AI systems enable real-time traffic analysis and optimize transportation networks.
5. ****Customer Service:**** Chatbots and virtual assistants enhance customer interactions, providing immediate support and addressing queries around the clock.
6. ****Entertainment:**** AI-generated content, from music compositions to movie scripts, showcases the creative potential of AI algorithms.

****Challenges and Considerations****

Despite its transformative potential, AI also presents challenges that require careful consideration:

1. ****Ethics and Bias:**** AI systems can perpetuate societal biases present in training data, leading to discriminatory outcomes. Addressing bias and ensuring ethical AI is a critical concern.

2. **Job Displacement:** As AI automates certain tasks, the workforce faces potential job displacement. However, AI also generates new employment opportunities in AI development, maintenance, and oversight.

3. **Privacy Concerns:** The proliferation of AI-driven surveillance systems raises concerns about privacy infringements and data misuse.

4. **Regulation and Accountability:** As AI becomes more autonomous, issues surrounding responsibility and accountability for AI-generated decisions emerge. Developing appropriate regulations and legal frameworks is essential.

The Future of AI: Possibilities and Caution

Looking ahead, AI is poised to become even more integral to our lives. Breakthroughs in deep learning, reinforcement learning, and quantum computing could unlock new frontiers of AI capabilities. Human-AI collaboration, where AI complements human skills, holds immense potential for enhancing productivity and creativity. However, it's essential to approach AI development cautiously. Ensuring transparency, accountability, and the ethical use of AI is paramount. Collaboration between governments, industries, and academia can facilitate responsible AI advancement.

In conclusion, the journey of AI from conceptual musings to transformative reality is a testament to human ingenuity. As AI continues to shape industries and redefine possibilities, society must navigate the challenges it presents, all while fostering innovation that respects the values and aspirations of humanity. The evolution of AI is a journey with limitless potential, demanding a delicate balance between progress and prudence.

Dr. Pankaj Kumar
Incharge, Department of Computer Science

Life skills education: Learning beyond Books'

The World Health Organization has defined life skills as, "the abilities for adaptive and positive behaviour that enable individuals to deal effectively with the demands and challenges of everyday life". UNICEF defines life skills as "a behaviour change or behaviour development approach designed to address a balance of three areas: knowledge, attitude and skills".

Life skills include

- problem solving
- critical thinking
- effective communication skills
- decision-making
- creative thinking
- interpersonal relationship skills
- self-awareness building skills
- empathy
- coping with stress
- coping with emotions

Life skills are essentially those abilities that help promote mental well-being and competence in young people as they face the realities of life. Life skills are generally applied in the context of health and social events. They can be utilized in many content areas: prevention of drug use, sexual violence, teenage pregnancy, HIV/AIDS prevention and suicide prevention. In short, life skills empower young people to take positive action to protect their own selves and promote health and positive social relationships.

Research has shown that life skills training addresses physical and mental health by promoting physical, psychological, and social well-being (UNICEF, 2012; Sancassiani et al., 2015; O'Connor et al., 2018; Singla et al., 2020). Effectiveness of life skills training in enhancing mental and physical health, pro-social behavior, reducing behavioural issues, social

problems & self-destructive behaviours has been well documented

India has always taken pride in its collectivist culture wherein rituals, customs and traditions have been inculcated by the elders of the large joint families. In past few decades, extensive changes in social factors such as break down of joint family system, rising materialism, greater access to luxuries, double income single child families, overexposure to internet, TV, mobile phones and reduction in quality time devoted by parents with adolescents, have all interacted to contribute to several mental health concerns among Indian adolescent. Life skills training programmes at schools and colleges can supplement the needed guidance as Indian families are undergoing massive changes in structure and organization.

Following are some of the techniques for developing life skills among adolescents

Classroom Discussions: An activity that provides opportunities to turning to one another in solving problems. Develops skills in listening, assertiveness, and empathy.

Brainstorming: It allows students to generate ideas quickly and spontaneously. Helps students use their imagination and think out of the box. Good discussion starter because the class can creatively generate ideas.

Role Plays: it also provides an excellent strategy for practicing skills; experiencing how one might handle a potential situation in real life; increasing empathy for others and their point of view; and increasing insight into own feelings.

Groups: Groups are helpful when the time is limited as it maximizes student input. Allows students interactions, allows to know one another better which in a way enhances team building and team work.

कविता

Educational Games and Simulations: It is fun and active learning technique. They require the combined use of knowledge, attitudes, and skills and allow students to test out assumptions and abilities in a relatively safe environment.

Analysis of Situation and Case Studies: It gives a chance, to analyze, explore, challenges, dilemmas and safely test solutions for; providing opportunities for working together in groups, sharing idea, new learnings and gives insight and promotes sometimes to see things differently.

Story-Telling: develops critical thinking skills, creative skills to write stories, or interact to tell stories. 'Story-Telling' helps in drawing analogies or make comparisons, help discover healthy solutions. It promotes attention, concentration, listening skills and develops patience and endurance.

Debates: Provides opportunity to address a particular issue in depth for instance, whether smoking should be ban in public places in a community. It allows students to defend a position that may mean a lot to them. It offers a chance to practice higher thinking skills.

Dr Nandini Moudgil
Asisstant Professor (Psychology)
GCW, Shahzadpur

कविता आजकल की लड़कियाँ

आजकल की लड़कियाँ
बर्तन नहीं माँजती,
बल्कि वह माँजती हैं,
गले-सड़े संस्कारों को,
जड़ हो चुकी मान्यताओं को।
आजकल की लड़कियाँ
रोटी नहीं बनाती,
बल्कि वो रोटी कमाती हैं,
अपनी मेहनत से घर चलाती हैं।
आजकल की लड़कियाँ
धरती पर नहीं चलती,
वह उड़ती हैं आसमानों में,
मंगल तक जाती हैं अंतरिक्षयानों में।

डॉ निर्मल सिंह
सहायक प्रोफेसर, हिंदी
कविता

भारतीय नई शिक्षा नीति 2020 पर एक दृष्टिकोण

नई शिक्षा नीति में भारतीय ज्ञान को विकास हेतु शिक्षा में स्थान दिया गया है। योग, आयुर्वेद आदि की महत्ता को वर्तमान में विश्व द्वारा स्वीकार किया गया, जिसके कारण इन्हें पुनः शामिल किया गया है। मातृभाषा एवं राष्ट्रभाषा के बिना शिक्षा की संपूर्णता संभव नहीं हो सकती। अंतः इसमें मातृभाषा एवं राष्ट्रभाषा को विशेष स्थान प्रदान किया गया है और इनकी महत्ता को समझा गया है। शिक्षा को मात्र अक्षर ज्ञान या रटने की प्रक्रिया से बाहर निकाल सतत विकास, तर्क-संगत विचारों को जन्म एवं वर्तमान में कार्य करने में सक्षमता तक ले जाने का लक्ष्य रखा है। एक ओर जहाँ नई शिक्षा नीति 2020, सभ्य, कुशल, संस्कारवान, प्रतिभाशाली, तकनीकी युक्त नागरिकों का निर्माण करेगी, वहीं दुसरी ओर वह उन्हें भारतीय ज्ञान एवं गौरव से भी बांधे रखेगी। विद्यार्थियों को कम उम्र में "सही को करने" के महत्व को सिखाया जाएगा। उपरोक्त के संबंध में देखा जाए तो, यह शिक्षा नीति भारतीय जनमानस की आकांक्षाओं को पूरा करने में अहम् योगदान देगी।

Suman
Asst. Prof of Sociology

DIGITAL PAYMENT: AN ADOPTED CHILD TRENDS, ISSUES AND OPPORTUNITIES

Dreams must be seen with open eyes and every effort should be made to achieve the dreams seen with open eyes. Digital payments is a dream watched by one and shared by all, if this dreams needs to be fulfilled it has to go through many gates of safety, security, accessibility and transparency. With the advent of the scheme of Digital India, all efforts are being made by the government towards a cashless economy. Digital Payment is a mode of payments where there is no cash involved and there is use of technology to perform any kinds of payment. Keeping in view the Demographic profile of India, literacy rates, Financial Inclusion scheme, infrastructure, implementation, this dream is difficult to achieve but not impossible.

Dr. Yogita Sarohi
Asst. Prof of Commerce

The Theory of Evolution and Indian Mythology

We all are aware of the theory of ten avatars of Lord Vishnu. What most of us fail to notice is the depiction of evolution of life form on earth through this '**Dashavatar theory**'. This theory of '**Avatars**' is specified in *Rig Veda*, the first scriptures known to human kind. This theory closely syncs with the **Darwinian theory of evolution**, discovered by Charles Darwin. A theory wildly followed by western systems of education. This proves that Indian Rishis, no less than modern day scientists, were aware of the theory of evolution of life much before Charles Darwin introduced it to the world.

Initially organisms originated in the sea. There were only aquatic creatures. This is revealed in *Rig Veda* with the '**Matsya**' Avatar or the form of a Fish. Then, came the organisms that could survive both in land and sea. '**Kurma**' avatar or a giant turtle is a representation of this phase of evolution. This depiction also mentions the protectionist nature of creatures. Then, came terrestrial creatures. There were initially four-legged animals roaming the earth. A wild boar, '**Varaha**' avatar reveals this stage of evolution. This was followed by half animal, half humans. They were crude, uncivilized and rough but with humane values. This is depicted in *Rig Veda* by the '**Narasimha**' avatar. Then, came humans in their full form. Initially, as dwarfs. And then as full-grown men. The dwarf, '**Vamana**' avatar, is a depiction of this stage. Humans were initially rugged and resorted to violence on every creature. They did not have sophisticated weapons. This is represented in the form of '**Parashuraam**' avatar. This was the time before there were organized civilizations. *Rig Veda* mentions that this avatar is immortal and still lives on earth, to be more particular, in a remote place in India.

Denoting that the tribal culture of humans will exist, no matter how civilized, they become. The human then learnt values, ethics, beliefs, etc. Humans started living in communities, civilizations, creating their own kingdoms, systems of governance and societal hierarchies. Men started protecting women, who are, typically, physically weaker. Humans began having rituals and traditions. This is explained in *Rig Veda* with the mention of '**Rama**' avatar, a king who ruled the kingdom of *Ayodhya*. The human then gets more materialistic but with a firm ground in spirituality as well. They gradually start thinking evil. They give way to negative qualities like greed, frustration, anger, hatred, lust, and cunningness to hurt other humans in subtle manners. In *Rig Veda*, this is explained through the existence '**Krishna**' Avatar, who ultimately emerges as a mentor, a negotiator and protector of peace, positive values and beliefs on earth.

As Humans evolved, they started creating rules, culture, rituals and practices for positive and peaceful living. This also led to the evolution of the spiritual life of humans. In life. This capability for humans to create and follow their own religion has been depicted by '**Buddha**' avatar. This is one avatar that was not part of the original avatar theory mentioned in the *Rig Veda* but a later addition by some rulers. Finally, humans now have to learn to destroy what we created. This is mentioned in *Rig Veda* in the form of '**Kalki**' avatar.

Dr. Raj Kumari
Head, Dept. of Physics
GCW, Shahzadpur

जीने का नया ढंग

एक बोध कथा के अनुसार एक दिन एक किसान का बैल कुएं में गिर गया वह बैल घंटों जोर-जोर से रोता रहा किसान सुनता रहा और विचार करता रहा कि उसे क्या करना चाहिए और क्या नहीं अंततः उसने निर्णय लिया कि क्योंकि बैल काफी बूढ़ा हो चुका था अतः उसे बचाने से कोई लाभ होने वाला नहीं था और इसलिए उसे कुएं में ही दफना देना चाहिए किसान ने अपने सभी पड़ोसियों की मदद के लिए बुलाया सभी ने एक एक फावड़ा पकड़ा और कुएं में मिट्टी डालने शुरू कर दी जैसे ही बैल की समझ में आया कि यह क्या हो रहा है तो वह और जोर-जोर से चीख चीख कर रोने लगा और फिर अचानक वह आश्चर्यजनक रूप से शांत हो गया सब लोग चुप चाप कुएं में मिट्टी डालते रहे तभी किसान ने कुएं में झांका तो वह आश्चर्य से सन्न रह गया अपनी पीठ पर पड़ने वाले हर फावड़े की मिट्टी के साथ वह बैल एक आश्चर्यजनक हरकत कर रहा था वह हिल हिल कर उस मिट्टी को नीचे गिरा देता था और फिर एक कदम बढ़ाकर उस पर चढ़ जाता था जैसे-जैसे किसान तथा उसके पड़ोसी उस पर फावड़ों से मिट्टी गिराते वैसे वैसे वह हिल ही कर उस मिट्टी को गिरा देता और एक सीढ़ी ऊपर चढ़ जाता जल्दी ही सबको आश्चर्यचकित करते हुए वह बैल कुएं के किनारे पर पहुंच गया और फिर कूदकर बाहर भाग गया ध्यान रहे आपके जीवन में भी बहुत तरह से मिट्टी फेंकी जाएगी बहुत तरह की गंदगी आप पर गिरेगी जैसे कि आपको आगे बढ़ने से रोकने के लिए कोई बेकार में ही आपकी आलोचना करेगा कोई आपकी सफलता से ईर्ष्या के कारण आपको बेकार में ही भला बुरा कहेगा कोई आप से आगे निकलने के लिए ऐसे रास्ते अपनाता हुआ दिखेगा जो आपके आदर्शों के विरुद्ध होंगे ऐसे में आपको हतोत्साहित होकर कुएं में ही नहीं पड़े रहना है बल्कि साहस के साथ हर तरह की गंदगी को गिरा देना है और इससे सीख लेकर उसे सीढ़ी बनाकर बिना अपने आदर्शों का त्याग किए अपने कदमों को आगे बढ़ाते जाना है आज के जीवन की यही एक कड़वी सच्चाई है कि मनुष्य अपने स्वार्थ के लिए सदैव दूसरों को नष्ट करने में लगा रहता है परंतु हमें उस बैल के समान सदैव अपने लक्ष्य की ओर ही बढ़ना चाहिए।

प्रोफेसर विनीता शर्मा

राजनीति विज्ञान विभाग राजकीय महिला महाविद्यालय शहजादपुर अंबाला

Meet the Toppers!

My study routine is that, I always start my day with meditation and attend my classes, take revision at home of what I learnt in class and weekly revisions. My message to my juniors is “ ATTEND ALL CLASSES AND DO REVISION DAILY AS WELL AS WEEKLY ”



Ms. Mansi

B.com (CAV) Student

Highlights of the Session 2022-23



NSS Camps



Placement cell

Activities
SESSION 2022-23

कौमर्स छात्राओं को बिजनेस एनलिटिक्स डेटा साइंस के विषय में दी जानकारी

जयपुर, 3 दिसम्बर (वार्ता): विद्यार्थियों को बिजनेस एनलिटिक्स डेटा साइंस के विषय में जानकारी देने के लिए एक कार्यक्रम आयोजित किया गया। कार्यक्रम में प्रमुख अतिथि के रूप में, जयपुर के प्रमुख बिजनेस एनलिटिक्स एक्सपर्ट, डॉ. राजेश कुमार, का विशेष अतिथि के रूप में स्वागत किया गया।

विद्यार्थियों का सफल उद्यमी के बताए लक्षण

जयपुर, 3 दिसम्बर (वार्ता): जयपुर के प्रमुख उद्यमी, डॉ. राजेश कुमार, ने विद्यार्थियों को उद्यमी के लक्षणों के बारे में बताया। उन्होंने कहा कि उद्यमी के लक्षणों में निम्नलिखित शामिल हैं: 1. उद्यमी के पास एक विचार होना चाहिए। 2. उद्यमी को अपने विचार को कार्रवाई में बदलने की क्षमता होनी चाहिए। 3. उद्यमी को अपने विचार को दूसरों को बताने की क्षमता होनी चाहिए। 4. उद्यमी को अपने विचार को दूसरों को बताने की क्षमता होनी चाहिए।

Organized 4th Annual Athletic Meet on 8th December 2022

Educational Tour on 6th December, 2022

- Visit of students to following places:
1. Govt. Art & Museum Gallery, sector 10 ,Chandigarh
 2. Punjab & Haryana High Court, sector 1, Chandigarh
 3. High Court Museum, sector 1, chandigarh
 4. Panjab University, Chandigarh



Women Cell

International Resource Perrson





Hindi Language

हिंदी अनुभाग संपादकीय

मनुष्य स्वभाव से ही रचनात्मक है। इसीलिए वह संसार के किसी न किसी क्षेत्र में विशेष रूचि अवश्य रखता है और उसमें अपना रचनात्मक योगदान भी देता है। कला, संगीत और साहित्य आदि का विकास इसका प्रमाण है। कोई भी व्यक्ति किस क्षेत्र में उन्नति कर सकता है यह उसकी रूचि और स्वभाव के साथ-साथ उसे मिलने वाले अवसर पर भी निर्भर करता है। यदि यह सब एक साथ मिले तो व्यक्ति उच्चकोटि का कलाकार बन जाता है।

बचपन में बालक के मन में अनेक कल्पनाएं जन्म लेती हैं। धीरे-धीरे वह बड़ा हो जाता है और उसकी कल्पनाएं यथार्थ से टकराती हैं। यथार्थ से टकराकर कुछ कल्पनाएं दम तोड़ देती हैं परंतु कुछ कल्पनाएं अपनी जिजीविषा शक्ति के द्वारा अपना अस्तित्व कायम रखती हैं। इन अमिट और अमर कल्पनाओं से एक कलाकार मन का जन्म होता है। यह मन अवसरों की तलाश में भटकता है और जैसे ही उसे उचित अवसर मिलता है, वह कला, संगीत, साहित्य या अन्य ललित कला में अपनी कोई रचना प्रस्तुत करता है।

महाविद्यालय से प्रकाशित होने वाली पत्रिका छात्राओं के कल्पनाशील मन को एक ऐसा ही अवसर प्रदान करने का प्रयास है। जिससे समाज को एक अच्छी, दुर्लभ और सार्थक रचना की प्राप्ति हो सके। बहुत सी छात्राओं ने अपनी रचनाएं पत्रिका में प्रकाशन हेतु भेजी हैं। वह सभी बधाई की पात्र हैं। महाविद्यालय पत्रिका के इस अंक में हिंदी अनुभाग आप सबके समक्ष प्रस्तुत करते हुए मुझे बहुत हर्ष हो रहा है।

डॉ निर्मल सिंह,

सम्पादक हिंदी अनुभाग

एवं अध्यक्ष, हिंदी विभाग

राजकीय महिला महाविद्यालय,

शहजादपुर (अंबाला)



छात्रा सम्पादकीय

किसी का सत्य था,
मैंने संदर्भ में जोड़ दिया।
कोई मधुकोष काट लाया था,
मैंने निचोड़ लिया।
यो मैं कवि हूँ, आधुनिक हूँ, नई हूँ
काव्य-तत्त्व की खोज में कहाँ नहीं गई हूँ?
चाहती हूँ आप मुझे
एक-एक शब्द पर सराहते हुए पढ़ें।
मानव अपने मन में उठने वाले भावों को जब
लेखनीबद्ध कर भाषा के माध्यम से प्रकट करने
लगता है तो वह रचनात्मकता ज्ञानवर्धक
अभिव्यक्ति के रूप में साहित्य कहलाता है।
साहित्य समाज की उन्नति और विकास की
आधारशिला रखता है साहित्य को समाज का दर्पण
भी माना जाता है।
अतः साहित्य जीवन के सत्य को प्रकट करने वाले
विचारों और भावों की सुंदर अभिव्यक्ति है। जिसके
महत्व को वर्णित करना अत्यंत कठिन है।

मौसम रानी

छात्रा सम्पादिका

कविता

हम तरक्की कर रहे हैं

ये इक्कीसवीं सदी है,
हम तरक्की कर रहे हैं।
पढ़े-लिखे सभ्य हो गए,
और हमारे मां-बाप वृद्धाश्रम में पल रहे हैं।
भाषा संस्कृति छोड़ अपनी,
दूसरों की नकल कर रहे हैं।
पर, ये इक्कीसवीं सदी हैं..
हम तरक्की कर रहे हैं।
विश्व गुरु भारत के बच्चे हैं हम,
सात्विक भोजन लेकर करते थे प्रणाम।
आज बर्गर पिज्जा खाकर स्ट्रीक डाल रहे हैं,
पर ये इक्कीसवीं सदी है..
हम तरक्की कर रहे हैं।
कहां गई वो सती वो पतिव्रता ,
वो धर्मपरायणता वो पवित्रता।
लिव इन रिलेशन के नाम पर,
सभ्यता का मजाक कर रहे हैं।
राजधानी में राक्षस रोज स्त्री के टुकड़े-टुकड़े कर
रहे हैं,
पर ये इक्कीसवीं सदी है...

हम तरक्की कर रहे हैं।

सहानुभूति, संवेदना, सहायता

समाप्त हो गए ये सारे तत्व।

हो गए हम सब स्वार्थी,

मतलबी बन गए हैं।

सहायता की अपेक्षा एक असहाय की,

मजबूरी का वीडियो शूट कर रहे हैं।

क्योंकि..

ये इक्कीसवीं सदी है,

हम तरक्की कर रहे हैं।

अंजलि,

बीए तृतीय वर्ष

कविता

अपने आज में रहो

छोटी सी है जिंदगी हर बात में खुश रहो,
जो चेहरा पास ना हो उसकी आवाज में खुश रहो।
कोई रूठा हो आपसे उसके अंदाज से खुश रहो,
जो लौट के नहीं आने वाला उसकी याद में खुश
रहो।

कल किसने देखा है अपने आज में खुश रहो,
चलते रहने दो कदमों को हर आस में खुश रहो।
जीते रहो सपनों को बना दो हौसला जब तक
मंजिल पास ना हो,
गिरना-उठना चढ़ना-उतरना इन लम्हों में भी खुश
रहो।

कल भी होगा सवेरा जरूर
अपने आज में खुश रहो।

अनु, बीए द्वितीय वर्ष

कविता

बचपन की मुस्कुराहट

बचपन की मुस्कुराहट किस को अच्छी नहीं लगती
बीत गया जो कल किस को अच्छा नहीं लगता
छूट गई जो यादें किसे याद नहीं आती
कहां गई वह हंसी जो किलकारी सी आती
अरे बचपन की याद किस किस को नहीं आती-
बचपन में तो सब कुछ पाया था
क्योंकि बचपन ने ही तो मुस्कुराना सिखाया था
बीते हुए दिन जो वापस आते नहीं
बचपन के वह दिन जो दिल से जाते नहीं

अरे मालूम है कि बचपन वापस आएगा नहीं
बीता वह कल पीठ दिखाएगा नहीं
बचपन की यादों के सहारे जीते रहो दोस्तों
जिंदगी का हर पल खुशी से गुजरता जाएगा।

सिमरन, बीए द्वितीय वर्ष

कविता मुस्कुराओ

आपको कुछ नहीं करना बस मुस्कुराना है
अगर आज कहीं से हार गए हो
किसी को उस जीत की तुमसे ज्यादा जरूरत थी
शायद
मुस्कुराओ अगर कुछ खो गया है
जिसके नसीब का था उसको मिल गया है शायद
मुस्कुराओ अगर आज दिल टूट गया है
किसी का जोड़ने के लिए किसी का तोड़ना पड़ता
होगा शायद
और अगर रह जाए दिल में किसी का दर्द कभी
तो बांट कर मुस्कुराओ और है अगर दिल में खुशी
ज्यादा तो
सेम प्रोसेस दोहराओ बस मुस्कुराओ

दीपिका, बीए तृतीय वर्ष

कविता

नारी

नारी के बिना अधूरा यह संसार है
नारी से ही बनता घर परिवार है
हर नारी करती रही संघर्ष
अपने आप को बहुत सारे बंधनों से मुक्त कराने में
न जाने किया है उन्होंने कितनी मुश्किलों को पार है
नारी को पढ़ने लिखने का अवसर ना देकर
बना दिया उनको घर की नौकरानी
क्योंकि उन्होंने सहा बहुत ही अत्याचार है
कम उम्र में ही कर दी जाती थी उनकी शादी
उनकी मर्जी के खिलाफ
घुट-घुट के जीना पड़ रहा था उनको
ऐसी परिस्थिति में कर रखा था
उनको मजबूर चारदीवारी में
उनको हमेशा नफरत की दृष्टि से देखा है
ना समझा उनकी इज्जत को
क्योंकि उन पर रही हमेशा गंदे लोगों की नजर है
पति के मर जाने पर भी नारी को भी जिंदा जलाया
जाता था
उसके पति की जलती हुई आग में
काजल, बीए तृतीय वर्ष

कविता

किताबों से दोस्ती

किताबों से दोस्ती पुरानी है
किताबों में जीवन को समझने का एहसास है
मगर किताबें कुछ बोलना चाहती हैं
मिले पुराने नए आजमाने को मुझे
तुझसे मिल तेरे सफर के रास्ते खोलना चाहती हूँ
तेरे नाना नानी और दादादादी की पुरानी कहानियां-
बताना चाहती हूँ
मैं किताब हूँ तुझसे कुछ कहना चाहती हूँ ।
सफर शुरू था छूने को आसमां
मगर बचपन पुराना था जीने को मस्ती भरा
जहां अब तो मुलाकात कम होने लगी है
ना जाने दोस्ती कहां खोने लगी है
बंद शीशों से किताबे कुछ बोलती हैं
तेरी मंजिल के रूहों को वह ताला मिले
तेरे बंद सपनों के फूलों की वह चाबी खुले
मैं किताब हूँ पढ़ तो सही कुछ कहना चाहती हूँ।
तेरी पुरानी ऐतिहासिक जमी में तुझे
ज्ञान के सागर में डूब कर किनारा दिखाना चाहती
हूँ
लेकिन मैं सिमटकर सालों से बंद हूँ
मगर आज भी अभिमान से जीना चाहती हूँ
ना जाने कहां खो गई वह कहानियां इस चमकती
इंटरनेट की दुनिया में
सुना है किताबें वक्त के राज खोला करती हैं
मिले दुनिया को समंदर पर तैरना तो मैं ही सिखाती
हूँ
वक्त तो बदलता गया बारिश के मौसम की तरह
खुले आसमां को जीने का नया सहारा है मिला
जिंदा हूँ मैं किताबों में आज भी कुछ कहना ,
देखना और सुनना चाहती हूँ ,बोलना
बचपन से आज के सफर में फिर से जीना चाहती हूँ
अंजलि,
बीए तृतीय वर्ष

कविता इंसान

खुदा का लिखा तो इंसान की किस्मत को मंजूर है
हर इंसान पाना चाहता है अपनी मंजिल को
मगर उसे पाने के लिए उसका दिल कितना मजबूर
है
हर इंसान के अंदर लगन होती है
कि मैं सबको अपनी मेहनत से कुछ करके दिखाऊँ
लेकिन फिर भी वह इंसान अपनी मंजिल से कितना
दूर है
दूसरों की कामयाबी को देखकर यह दुनिया बहुत
जलती है
दूसरों से जलने वाले खुद तो जिंदगी में कामयाब हो
न सके
उनको भगवान तो क्या जिंदगी भी आगे बढ़ने का
मौका नहीं देती
जो हर हाल में करते हैं कोशिश कुछ बन कर
दिखाने की
उनको उनकी मंजिल जरूर मिलती है

काजल, बीए तृतीय वर्ष कविता दुनिया

छोटी-सी किताब के पन्नों में बहुत कुछ समाया है
नन्ही सी आंखों ने बहुत कुछ दिखाया है
बदले रंगों ने दुनिया को बदलना सिखाया है
तू सब में है, फिर भी तुझे शून्य बताया है
दौलतों के ढेर ने इंसान को मोहमाया में फसाया है
बदलते चेहरों ने मुझे भी बदलना सिखाया है
अमीरों के घमंड ने गरीबों का सर झुकाया है
भूल कर इंसानियत पैसों को बड़ा बताया है
कलयुग के इस दौर ने इंसान को हैवान बनाया है
नेहा, बीए तृतीय वर्ष

कविता कुछ बताऊं क्या

जान गए कमजोरी मेरी तुम्हें पढ़कर फिर से सुनाऊं
क्या
जिंदगी में आने से पहले मैं तुम्हारे सामने आऊं क्या
है
मुझमें कुछ खास है तुम्हें भी बताऊं क्या
पत्थर के इस दिल को मैं तुम्हारे लिए पिघलाऊँ क्या
भूल कर उन यादों को मैं फिर से सपने सजाऊं क्या
पूछ कर पहेली तुम्हें भी उलझाऊं क्या
बदलते वक्त के साथ तुम्हें भी बदलना सिखाऊं क्या
नेहा,
बीए तृतीय वर्ष

कविता समझ

कमियां तो बहुत है मुझ में
तुम ढूँढ नहीं पाओगे
देखकर मासूमियत तुम निगाहें नहीं हटाओगे
इंसान के दिल को तुम कैसे समझोगे
बदलते इस रंग में तुम भी बदले जाओगे
मैं सब से कुछ अलग हूँ
तुम कुछ ऐसा विश्वास दिलाओगे
फिर मेरी एक छोटी सी गलती ना जाने कितनी बार
दोहराओगे
मैं तुम्हारे काबिल नहीं मुझे कुछ ऐसा समझोगे
फिर तुम भी औरों की तरह बदलते जाओगे
अंत में मुझको तुम एक सीख दे कर जाओगे
बदलती उम्र के साथ मुझे फिर से मजबूत बनाओगे
नेहा,
बीए तृतीय वर्ष

लेख खुशी

खुशी को केवल महसूस किया जा सकता है। खुशी को शब्दों में वर्णन करना बहुत मुश्किल है। यह हमारे मन को नाकारात्मकता से साकारात्मकता की ओर ले जाती है। खुशी परिस्थितियों के अनुसार बदलती रहती है। खुशी में ऐसा महसूस होता है जैसे व्यक्ति हवा में उड़ रहा हो। खुशी में सभी उबाउ काम भी दिलचस्प लगते हैं, न केवल दिलचस्प लगते हैं बल्कि शरीर में काम करने के लिए एक अलग ऊर्जा का भी अनुभव करते हैं। खुशी हर व्यक्ति की व्यक्तिगत होती है। अब आज की ही बात ले लीजिये, आज मैं बहुत दुखी थी, लेकिन केवल बारिश आने पर ही मैं बहुत खुश हो गई। अब मैं यह तो वर्णित नहीं कर सकती कि मैं खुश कैसे होती है मैं तो क्या शायद कोई भी, यह वर्णित नहीं कर सकता। खुशी के बारे में अलग अलग विचार रखते हैं।-अलग लोग अलग-परन्तु मेरे विचार में खुशीखुशी जीवन व्यतीत - करना अत्यंत आवश्यक है, क्योंकि खुशी हमारे दुख को आधा कर देती हैजिससे जीवन जीना, अत्यधिक सरल और अधिक आरामदायक हो जाता है। इसलिए हमें कोशिश करनी चाहिए कि हमें छोटीछोटी खुशियों में बढ़ चढ़कर हिस्सा - खुशी व्यतीत -लेना चाहिए और अपना जीवन खुशी व्यतीत करना चाहिए।

**मौसम रानी,
बीए तृतीय वर्ष**

Meet the Toppers!

I completed my BSC from this college in the year 2023. When I started this course there was Covid . Even though there was pandemic all around but still our teachers (Dr. Rajkumari , Miss Natasha , Mrs. Aarti and Mr. Iqbal) gave their best to make us understand every single concept. My heartfelt thanks to my teachers for their efforts towards us. Beside learning I got many opportunities to represent myself at the college as well as other levels. At last, I would like to say that nothing is impossible in this world especially for humans.



Ms. Prerna
B.Sc Graduate

Highlights of the Session 2022-23



- Science, Arts :UG
- Commerce: UG,PG
- Excellent Faculty
- Regular Classes
- Women cell
- NSS
- Placement Cell
- Youth Red Cross
- Cultural Activities

- Parent Teacher Meet
- Sports Meets
- Extension Lectures
- Awareness Campaigns
- Alumni
- Science Exhibitions
- Scholarships

साइंस फेयर का लक्ष्य ग्रामीण क्षेत्र में साइंस की पढ़ाई को प्रोत्साहित करना : रजनी भल्ला

डाटा टैगिंग सर्वे के लिए छात्राएं हैं उत्साहित : रजनी भल्ला



पोस्टर स्पर्धा में प्रीति और स्लोगन में गरिमा अब्दुल



रा.म. महाविद्यालय में ड्राइंग एंड पेंटिंग प्रतियोगिता का हुआ आयोजन



प्रतियोगिता में विजेता छात्राएं स्टाफ के साथ।



हिंदी एक वैज्ञानिक भाषा, जिसमें जो बोला जाता है वही लिखा जाता है : रजनी भल्ला

शहजादपुर, 14 सितम्बर योगदान देते हैं।
(राजेश): राजकीय महिला कालेज प्राचार्य रजनी भल्ला ने इस यातायात के नियमों को जानिना और मानना सबके लिए जरूरी : रजनी भल्ला



छात्राओं को शहजादपुर महाविद्यालय

Social Media
gcws.ac.in
facebook
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Parents Teacher Meeting



NATIONAL SEMINAR

Punjabi Language



ਗੁਰਮੁਖੀ



ਸੰਪਾਦਕੀ

ਪਿਆਰੇ ਵਿਦਿਆਰਥੀਓ ਮਨੁੱਖੀ ਜੀਵਨ ਨੂੰ ਖੁਸ਼ਹਾਲ ਅਤੇ ਸੁਖਾਲਾ ਬਣਾਉਣ ਦੇ ਬਹੁਤ ਸਾਰੇ ਪੰਧ ਹੁੰਦੇ ਹਨ। ਪਰ ਉਹ ਪੰਧ ਜਿਹੜਾ ਮਨੁੱਖੀ ਜੀਵਨ ਨੂੰ ਸਫਲ ਬਣਾ ਸਕਦਾ ਹੈ, ਉਸ ਦੀ ਚੋਣ ਕਰਨਾ ਹੀ ਇਕ ਬਹੁਤ ਵੱਡੀ ਚੁਨੌਤੀ ਹੁੰਦੀ ਹੈ। ਪਰ ਜਦੋਂ ਵਿਅਕਤੀ ਇਕ ਸਕਾਰਾਤਮਕ ਵਿਚਾਰ-ਧਾਰਾ ਨਾਲ ਆਪਣੇ ਜੀਵਨ ਦੇ ਉਦੇਸ਼ ਨੂੰ ਪ੍ਰਾਪਤ ਕਰਨ ਲਈ ਅੱਗੇ ਵੱਧਦਾ ਹੈ, ਤਾਂ ਉਹ ਨਿਸ਼ਚਿਤ ਤੌਰ ਤੇ ਸਫਲਤਾ ਪ੍ਰਾਪਤ ਕਰਦਾ ਹੈ। ਜੀਵਨ ਵਿੱਚ ਘਬਰਾਉਣ ਦੀ ਜਰੂਰਤ ਨਹੀਂ ਹੁੰਦੀ। ਹਾਲਾਤਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਦੇ ਹੋਏ ਜੀਣਾ ਹੀ ਜੀਵਨ ਹੈ। ਅਸਫਲਤਾ ਸਦਾ ਲਈ ਕਿਸੇ ਦਾ ਵੀ ਰਾਹ ਬੰਦ ਨਹੀਂ ਕਰ ਸਕਦੀ। ਕਿਉਂਕਿ ਜੇਕਰ ਇਕ ਦਰਵਾਜ਼ਾ ਬੰਦ ਹੋ ਜਾਂਦਾ ਹੈ, ਤਾਂ ਬਹੁਤ ਸਾਰੇ ਹੋਰ ਦਰਵਾਜ਼ੇ ਖੁੱਲ੍ਹ ਵੀ ਜਾਂਦੇ ਹਨ।

ਜਿਸ ਤਰ੍ਹਾਂ ਹਰ ਇਕ ਕੰਮ ਇਕ ਕਲਾ ਹੈ, ਠੀਕ ਉਸੇ ਪ੍ਰਕਾਰ ਲਿਖਣਾ ਵੀ ਇਕ ਕਲਾ ਹੈ। ਇਹ ਕਲਾ ਹਰ ਇਕ ਵਿਦਿਆਰਥੀ ਦਾ ਅਨਿਖੜਵਾਂ ਅੰਗ ਹੁੰਦੀ ਹੈ। ਇਸ ਕਲਾ ਕਰਕੇ ਵਿਦਿਆਰਥੀ ਦੀ ਸਾਹਿਤ ਰਚਨਾ ਵਿੱਚ ਅਲੱਗ ਪਛਾਣ ਬਣ ਜਾਂਦੀ ਹੈ। ਹੋਰ ਸਾਲਾਂ ਵਾਂਗ ਇਸ ਸਾਲ ਵੀ ਕਾਲਜ ਪੱਤਰੀਕਾ "ਪ੍ਰਤੀਬਿੰਬ" ਛਪ ਰਹੀ ਹੈ। ਇਸ ਪੱਤਰੀਕਾ ਵਿੱਚ ਆਪਣੀ ਰਚਨਾ ਛਪਵਾਉਣ ਲਈ ਬਹੁਤ ਸਾਰੀਆਂ ਵਿਦਿਆਰਥਣਾਂ ਨੇ ਰਚਨਾਵਾਂ ਲਿਖਿਆਂ ਹਨ। ਜਿਆਦਾਤਰ ਰਚਨਾਵਾਂ ਨੂੰ ਪੱਤਰੀਕਾ ਵਿੱਚ ਛਪਣ ਦਾ ਮੌਕਾ ਮਿਲ ਗਿਆ ਹੈ। ਲੇਕਿਨ ਕੁੱਝ ਕੁ ਰਚਨਾਵਾਂ ਨੂੰ ਮੌਕਾ ਨਹੀਂ ਮਿਲ ਸਕਿਆ। ਹੋਰ ਵਧੀਆ ਲਿਖੋ, ਅਗਲੇ ਸਾਲ ਮੌਕਾ ਜਰੂਰ ਮਿਲੇਗਾ।



ਡਾ. ਕਸ਼ਮੀਰ ਸਿੰਘ
ਪ੍ਰਾਧਿਆਪਕ ਪੰਜਾਬੀ।



ਪੰਜਾਬੀ ਵਿਭਾਗ

ਪੱਤਰੀਕਾ ਸੰਪਾਦਕ : ਡਾ. ਕਸ਼ਮੀਰ ਸਿੰਘ
ਪ੍ਰਾਧਿਆਪਕ ਪੰਜਾਬੀ

ਵਿਦਿਆਰਥੀ ਸੰਪਾਦਕ : ਸੰਜਨਾ ਦੇਵੀ
ਬੀ. ਏ. ਭਾਗ ਤੀਜਾ
ਰੋਲ ਨੰ. 120005002121

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ਟੇਢੇ ਵਿਚਾਰ

ਤੂੰ ਜਿਆਦਾ ਸੋਚ ਵਿਚਾਰ ਨਾ ਕਰ,
ਤੇਰੇ ਬਿਨਾਂ ਕੋਈ ਕੰਮ ਨਹੀਂ ਰੁਕਦਾ,
ਐਵੇਂ ਜੀਵਨ ਨਿਸਾਰ ਨਾ ਕਰ ।
ਸਿਆਣਿਆਂ ਵਾਲਾ ਵਿਵਹਾਰ ਨਾ ਕਰ,
ਕੋਈ ਤੈਨੂੰ ਸਵੀਕਾਰ ਨਹੀਂ ਕਰਦਾ,
ਤੂੰ ਸਾਉਂਵਾਂ ਦਾ ਵਿਆਪਾਰ ਨਾ ਕਰ ।
ਗਫਲਤ ਵਿੱਚ ਰਾਹਾਂ ਨੂੰ ਓੜਲ ਨਾ ਕਰ,
ਮਹਿਕ ਨੂੰ ਕੋਈ ਛੁਪਾ ਨਹੀਂ ਸਕਦਾ,
ਠੰਡੀ ਹਵਾ ਨੂੰ ਨਿੱਘੀ ਨਾ ਕਰ ।
ਛੋਟੀ ਟਿੱਬੀ ਨੂੰ ਪਹਾੜ ਨਾ ਕਰ,
ਨਦੀ-ਨਾਲੇ ਚੰਗੇ ਨੇ ਦਿਲ ਜੇ ਹਾਮੀ ਭਰਦਾ,
ਫਰਹਾਦ ਜ਼ਖ਼ਮੀ ਹੈ ਸੰਦਾ ਨਾਲ ਮਾਰ ਨਾ ਕਰ ।
ਕੀਮੀਆ ਹੈ ਜੀਵਨ ਕੀਨਾ ਨਾ ਕਰ,
ਦੂਜੇ ਦੀ ਮੌਤ ਕੋਈ ਨਹੀਂ ਮਰਦਾ,
ਕਿਸੇ ਨਾਲ ਵੀ ਬੇਵਫ਼ਾਈ ਨਾ ਕਰ ।

ਡਾ. ਕਸ਼ਮੀਰ ਸਿੰਘ
ਪ੍ਰਾਧਿਆਪਕ ਪੰਜਾਬੀ ।

ਪੰਜਾਬ

ਕੱਚੇ ਘਰਾਂ ਚ ਪਿਆਰ ਬੜਾ ਸੀ । ਸਭਨਾ ਵਿੱਚ ਸਤਿਕਾਰ ਬੜਾ ਸੀ ।
ਪਹਿਲਾ ਜਿਹਾ ਲੋਕਾਂ ਦਾ ਹਿਸਾਬ ਰਿਹਾ ਨਾ । ਇਹ ਸਾਡਾ ਪੰਜਾਬ ਰਿਹਾ ਨਾ ।
ਪਹਿਲਾਂ ਵਰਗਾ ਪਿਆਰ ਵੀ ਹੈ ਨਹੀਂ । ਨਾ ਬੇਲੀ ਕੋਈ ਯਾਰ ਵੀ ਹੈ ਨਹੀਂ ।
ਜੋ ਖਿੜੀਆ ਫੁੱਲ ਗੁਲਾਬ ਰਿਹਾ ਨਾ । ਇਹ ਸਾਡਾ ਪੰਜਾਬ ਰਿਹਾ ਨਾ ।
ਨਸ਼ਿਆਂ ਵਿੱਚ ਜਵਾਨੀ ਰੋਲੀ । ਖਤਮ ਕੀਤੀ ਪੰਜਾਬੀ ਬੋਲੀ ।
ਨਾ ਗੁਰੂ ਉਹ ਬਾਜ਼ ਰਿਹਾ ਨਾ । ਇਹ ਸਾਡਾ ਪੰਜਾਬ ਰਿਹਾ ਨਾ ।
ਜਵਾਨ ਧੀਆਂ ਨੂੰ ਮਾਰ ਦਿੰਦੇ ਨੇ । ਦਾਜ ਦੀ ਬਲੀ ਚਾੜ ਦਿੰਦੇ ਨੇ ।
ਪੰਜ ਪਾਣੀ ਪੰਜਾਬ ਰਿਹਾ ਨਾ । ਇਹ ਸਾਡਾ ਪੰਜਾਬ ਰਿਹਾ ਨਾ ।

ਹੱਸਣ

ਹੱਸਣ ਨਾਲ ਕੁਝ ਨਹੀਂ ਜਾਦਾ, ਥੋੜਾ-ਥੋੜਾ ਹੱਸ ਲਿਆ ਕਰੋ ।
ਹਰ ਗੱਲ ਦਿਲ ਵਿੱਚ ਨਾ ਰਖੋ, ਦੁੱਖ ਕਦੇ-ਕਦੇ ਦੱਸ ਦਿਆ ਕਰੋ ।
ਦੋਸਤ-ਦੋਸਤ ਵਿੱਚ ਵੀ ਫਰਕ ਹੁੰਦਾ ਜੋ ਚੰਗਾ, ਲਗੇ ਉਸ ਨੂੰ ਦਿਲ ਵਿੱਚ ਰੱਖ ਲਿਆ
ਕਰੋ ।
ਹਰ ਗੱਲ ਮੁਹੱਬਤ ਬੋਲ ਕੇ ਕਰਨੀ, ਜਰੂਰੀ ਨਹੀਂ ਹੁੰਦੀ, ਬਿਨਾ ਬੋਲੇ
ਵੀ ਕੁੱਝ ਗੱਲਾਂ ਕਰ ਲਿਆ ਕਰੋ ॥

ਸੰਜਨਾ

ਬੀ.ਏ.-III

ਰੋਲ ਨੰ. 120005002121

ਸਮੇਂ ਦੀ ਕਦਰ

ਸਮੇਂ ਦੀ ਕਦਰ ਪਛਾਣ ਲੈ ਬੰਦਿਆ,
ਮੌਤ ਹੈ ਕੀ ਤੂੰ ਜਾਣ ਲੈ ਬੰਦਿਆ,
ਜੀਵਨ ਦੀ ਤੰਦ ਕਦ ਟੁੱਟ ਜਾਣੀ,
ਧੜਕਨ ਖਬਰੇ ਕਦ ਰੁਕ ਜਾਣੀ,
ਪੁਰੇ ਕਰ ਅਰਮਾਨ ਲੈ ਬੰਦਿਆ,
ਸਮੇਂ ਦੀ ਕਦਰ ਪਛਾਣ ਲੈ ਬੰਦਿਆ ।
ਮੌਤ ਹੈ ਕੀ ਤੂੰ ਜਾਣ ਲੈ ਬੰਦਿਆ ॥

ਭਾਵੇਂ ਰੱਬ ਦੇ ਦਰ ਨਾ ਜਾਵੀਂ,
ਦਿਲ ਦੇ ਵਿੱਚ ਤਾਂ ਨਾਮ ਧਿਆਵੀਂ,
ਚੰਗਾ ਬਣ ਇਨਸਾਨ ਲੈ ਬੰਦਿਆ,
ਸਮੇਂ ਦੀ ਕਦਰ ਪਛਾਣ ਲੈ ਬੰਦਿਆ ।
ਮੌਤ ਹੈ ਕੀ ਤੂੰ ਜਾਣ ਲੈ ਬੰਦਿਆ ॥

ਗੈਰਾਂ ਦੇ ਲਈ ਦੁੱਖ ਤੂੰ ਜਰ ਲੈ,
ਆਪਣਾ ਜੀਵਨ ਪਾਕ ਤੂੰ ਕਰ ਲੈ,
ਬੁਰੇ ਕਰਮ ਤੂੰ ਛਾਣ ਲੈ ਬੰਦਿਆਂ,
ਸਮੇਂ ਦੀ ਕਦਰ ਪਛਾਣ ਲੈ ਬੰਦਿਆ ।
ਮੌਤ ਹੈ ਕੀ ਤੂੰ ਜਾਣ ਲੈ ਬੰਦਿਆ ॥

"ਸਯੱਦ" ਤਾਂ ਬਸ ਇਹ ਗੱਲ ਆਖੇ,
ਮੁੜ-ਮੁੜ ਕੇ ਨਾ ਮਿਲਦੇ ਮਾਪੇ,
ਇੰਨ੍ਹਾਂ ਨੂੰ ਮੰਨ ਭਗਵਾਨ ਲੈ ਬੰਦਿਆ,
ਸਮੇਂ ਦੀ ਕਦਰ ਪਛਾਣ ਲੈ ਬੰਦਿਆ ।
ਮੌਤ ਹੈ ਕੀ ਤੂੰ ਜਾਣ ਲੈ ਬੰਦਿਆ ॥

ਨੇਹਾ
ਬੀ.ਏ.-।

ਰੋਲ ਨੰ. 1220051002026

ਮੈਂ ਮਿਲਿਆ

ਅੱਜ ਮੈਂ ਨੂੰ ਮੈਂ ਮਿਲਿਆ,
ਲੰਬੀਆਂ ਬਾਤਾਂ ਚੱਲੀਆਂ ਨੇ ।

ਕੁੱਝ ਕੁ ਪੁਰਾਣੇ ਵਖਤ ਦੀਆਂ,
ਅਸਾਂ ਯਾਦਾਂ ਠੱਲੀਆਂ ਨੇ ।

ਬੇਫਿਕਰਾ ਜਿਹਾ ਬਚਪਨ,
ਕਿੱਥੇ ਉਡਾਰੀ ਮਾਰ ਗਿਆ ।

ਸਭ ਦੇ ਚਿਹਰੇ ਦੀ ਰੌਣਕ,
ਪਤਾ ਨੀ ਕਿੱਥੇ ਹਾਰ ਗਿਆ ।

ਜਿਨਾਂ ਯਾਰਾਂ ਨਾਲ ਫਿਰਦੇ ਸੀ,
ਕੰਮਾਂ ਕਾਰਾਂ ਚ ਰੁਝ ਗਏ ਨੇ ।

ਜਿਨਾ ਚਿਹਰਿਆਂ ਤੇ ਹਾਸੇ ਸੀ,
ਅੱਜ ਉਹ ਚਿਹਰੇ ਬੁਝ ਗਏ ਨੇ ।

ਬਚਮਨ ਸਾਥੋਂ ਛੁੱਟ ਗਿਆ,
ਜਿੰਮੇਦਾਰੀਆਂ ਆ ਰਲੀਆਂ ਨੇ ।

ਅੱਜ ਮੈਂ ਨੂੰ ਮੈਂ ਮਿਲਿਆ,
ਲੰਬੀਆਂ ਬਾਤਾਂ ਚੱਲੀਆਂ ਨੇ ।

ਸੰਜਨਾ

ਬੀ.ਏ.-III

ਰੋਲ ਨੰ. 120005002121

ਪਾਣੀ

ਪਾਣੀ ਦੇ ਵਿੱਚ ਸ਼ਿਸ਼ਟੀ ਰਚੀ,
ਕੁਦਰਤ ਦੇ ਵਿੱਚ ਪਾਣੀ ।
ਇਸ ਪਾਣੀ ਨੇ ਸੱਭ ਕੁਝ ਦਿੱਤਾ,
ਕਰਜ਼ਦਾਰ ਹੈ ਪ੍ਰਾਣੀ ।
ਪਵਨ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ,
ਲਿਖਿਆ ਵਿੱਚ ਗੁਰਬਾਣੀ ।
ਖਿਆਲ ਕਰੋ ਇਸ ਸੋਹਣੇ ਜਲ ਦਾ,
ਨਹੀਂ ਜੀ ਸਕਦੇ ਬਿਨ ਪਾਣੀ ।

ਸੁਹਾਨਾ

ਬੀ.ਏ.-।

ਰੋਲ ਨੰ. 2117

ਵਾਤਾਵਰਨ

ਅੱਜ ਸੱਭ ਮਿਲਕੇ ਅਸੀ ਕਸਮ ਖਾਂਦੇ ਹਾਂ ।
ਵਾਤਾਵਰਨ ਨੂੰ ਅਸੀ ਸਾਫ਼ ਬਣਾਉਂਦੇ ਹਾਂ ।
ਅੱਜ ਸੱਭ ਮਿਲਕੇ ਅਸੀ ਕਸਮ ਖਾਂਦੇ ਹਾਂ ।
ਪਰਦੂਸ਼ਨ ਨੂੰ ਦੂਰ ਭਗਾਉਂਦੇ ਹਾਂ ।
ਮਨੁੱਖ ਨੇ ਆਪਣੀ ਜ਼ਰੂਰਤ ਦੇ ਲਈ ।
ਵਾਤਾਵਰਨ ਨੂੰ ਕਿੰਨਾ ਦੂਸ਼ਿਤ ਕੀਤਾ ਹੈ ।
ਤੇ ਫਿਰ ਵੀ ਵਾਤਾਵਰਨ ਨੇ ਤੇਨੂੰ ਸੱਭ ਕੁਝ ਦਿੱਤਾ ਹੈ ।
ਜਲ, ਹਵਾ ਅਤੇ ਮਿੱਟੀ ਸਾਡੇ ਜੀਵਨ ਦਾ ਉਦਾਰ ਕੀਤਾ ਹੈ ।
ਫਿਰ ਵੀ ਮਨੁੱਖ ਰੁੱਖਾਂ ਨੂੰ ਕੱਟਦਾ ਹੈ ।
ਆਪਣੇ ਜੀਵਨ ਨੂੰ ਮੁਸਕਿਲ ਵਿੱਚ ਪਾਉਂਦਾ ਹੈ ।
ਅੱਜ ਜੇ ਵਾਤਾਵਰਨ ਨਹੀ ਹੁੰਦਾ ਤੇ ਸਾਡੇ ਜੀਵਨ ਵਿੱਚ ਰੰਗ ਕਿੱਥੋਂ ਆਉਂਦੇ ।
ਵਾਤਾਵਰਨ ਨੂੰ ਸਾਫ਼ ਬਣਾਉਣਾਸਾਡਾ ਆਪਣਾ ਫ਼ਰਜ਼ ਹੈ ।
ਆਓ ਅੱਜ ਮਿਲਕੇ ਸੱਭ ਕਸਮ ਖਾਈਏ ।
ਵਾਤਾਵਰਨ ਨੂੰ ਸਾਫ਼ ਬਣਾਈਏ ।
ਅੱਜ ਮਿਲਕੇ ਕਸਮ ਖਾਈਏ ।
ਪਰਦੂਸ਼ਨ ਨੂੰ ਦੂਰ ਭਜਾਈਏ ।

ਤੰਨੂੰ

ਬੀ.ਏ.-॥

ਰੋਲ ਨੰ. 1210051002046

ਮਾਂ ਬੋਲੀ

ਹੇ ! ਮਾਂ ਬੋਲੀ ਮੇਰੀਏ,
ਮੈਂ ਤੇਨੂੰ ਸਿੱਜਦਾ ਕਰਦੀ ਹਾਂ ।
ਤੇਰਾ ਅੱਖਰ-ਅੱਖਰ ਚੁੰਮ ਕੇ,
ਆਪਣੀ ਝੋਲੀ ਭਰਦੀ ਹਾਂ ।

ਮੈਨੂੰ ਤੂੰ ਮਾਂ ਵਾਂਗ ਬਹੁਤ ਪਿਆਰੀ ਹੈ,
ਜੀਵਨ ਦੀਆਂ ਸਭ ਵਸਤਾਂ ਤੋਂ ਨਿਆਰੀ ਹੈ ।
ਤੇਰੇ ਅੱਖਰ ਫੁੱਲਾਂ ਵਾਂਗੁ ਬਹੁ-ਚੰਗੇ ਨੇ,
ਲਗਾਂ-ਮਾਤਰਾਵਾਂ ਨਾਲ ਸੋਭਦੇ ਚੰਗੇ ਨੇ ।

ਤੇਰੀਆਂ ਧੁਨੀਆਂ ਅਨਹਦ ਰਾਗ ਅਲਾਪਦੀਆਂ,
ਗੀਤ-ਸੰਗੀਤ ਦੀਆਂ ਨਦੀਆਂ ਮੈਨੂੰ ਜਾਪਦੀਆਂ ।
ਤੇਰੀ ਸ਼ਕਤੀ ਅੰਦਰ ਮੇਰੀ ਜੀਵਨ ਕਾਇਆ ਹੈ,
ਮਾਂ-ਬੋਲੀ ਦੇ ਸਦਕੇ, ਸਾਰੀ ਮਾਇਆ ਹੈ ।

ਮੇਰੇ ਲਹੁ 'ਚ' ਤੇਰੇ ਸ਼ਬਦ ਨੇ ਬੋਲ ਰਹੇ,
ਤੇਰੀ ਉਪਮਾ ਦੇ ਵਰਕਿਆਂ ਨੂੰ ਫੋਲ ਰਹੇ ।
ਮਾਂ-ਬੋਲੀ ਦੀ ਜੜ੍ਹ ਤਾਂ ਸੱਭਿਆਚਾਰ ਹੁੰਦੀ,
ਮਾਂ-ਬੋਲੀ ਵਿੱਚ ਦਿਲ ਦੀ ਗੱਲ ਨਿਸਾਰ ਹੁੰਦੀ ।

ਹੇ ! ਮਾਂ-ਬੋਲੀ ਮੈਨੂੰ ਤੂੰ ਵਰਦਾਨ ਦਈਂ,
ਰਿਝ ਤਾਰਨ ਦੇ ਖਾਤਰ ਸੁਝ ਤੇ ਦਾਨ ਦਈਂ ।

ਰਾਜਬਿੰਦਰ ਕੌਰ

ਬੀ.ਏ.-III

ਰੋਲ ਨੰ. 120005002163

ਦੁਨੀਆਂ ਦਾ ਮਹਾਂਜਾਲ

ਇਹ ਦੁਨੀਆਂ ਮਹਾਂਜਾਲ ਹੈ ਯਾਰੋ,
ਇੱਥੇ ਲੋਕੀ ਆਪਣਾ ਮਤਲਬ ਕਢਦੇ ਨੇ ।
ਇੱਥੇ ਕੋਈ ਫਸਿਆ ਮੋਹ ਦੇ ਵਿੱਚ,
ਤੇ ਕੋਈ ਮਾਇਆ ਵਿੱਚ ਫਸਿਆ ਏ ।
ਇੱਥੇ ਉਪਰੋਂ ਲੋਕੀ ਆਪਣੇ ਨੇ,
ਤੇ ਅੰਦਰੋਂ ਵੈਰੀ ਬਣਦੇ ਨੇ,
ਇਹ ਦੁਨੀਆਂ ਮਹਾਂਜਾਲ ਹੈ ਯਾਰੋ,
ਇੱਥੇ ਲੋਕੀ ਆਪਣਾ ਮਤਲਬ ਕੱਢਦੇ ਨੇ ।

ਇਸ ਸੰਸਾਰ ਵਿੱਚ ਲੋਕੀ ਪੈਸਾ-ਪੈਸਾ ਕਰਦੇ ਨੇ,
ਇੱਥੇ ਨਾ ਕੋਈ ਇਕ-ਦੁਜੇ ਦੀ ਮੰਨਦਾ ਏ ।
ਨਾ ਹੀ ਕਿਸੇ ਦੀ ਕੋਈ ਸੁਣਦਾ ਏ,
ਬੱਸ ਲੋਕੀ ਇੱਥੇ ਆਪਣਾ ਬਣ ਇੱਕ-ਦੁਜੇ ਨੂੰ ਠੱਗਦੇ ਨੇ ।
ਇਹ ਦੁਨੀਆਂ ਮਹਾਂਜਾਲ ਹੈ ਯਾਰੋ,
ਇੱਥੇ ਲੋਕੀ ਆਪਣਾ ਮਤਲਬ ਕੱਢਦੇ ਨੇ ।

ਕੰਨ੍ਹਪ੍ਰਿਯਾ

ਬੀ.ਏ.-।

ਰੋਲ ਨੰ. 1210051002006

ਧਰਤੀ

ਧਰਤੀ ਕਹਿੰਦੀ ਵਾਰ-ਵਾਰ ਹੇ ਮਨੁੱਖ, ਸੁਣ ਮੇਰੀ ਪੁਕਾਰ,
ਵੱਡੇ-ਵੱਡੇ, ਤਾਜਮਹਿਲ ਬਣਾਕੇ ਨਾ ਪਾ ਮੇਰੇ ਤੇ ਭਾਰ ।
ਧਰਤੀ ਕਹਿੰਦੀ ਵਾਰ-ਵਾਰ ਹੇ ਮਨੁੱਖ, ਸੁਣ ਮੇਰੀ ਪੁਕਾਰ,
ਨਸ਼ਾ, ਜੁਆ ਕਰਕੇ ਨਾ ਜਾੜ ਮੇਰਾ ਸੰਸਾਰ ।
ਧਰਤੀ ਕਹਿੰਦੀ ਵਾਰ-ਵਾਰ ਹੇ ਮਨੁੱਖ, ਸੁਣ ਮੇਰੀ ਪੁਕਾਰ,
ਬਾਗ ਬਗੀਚੇ ਪੇੜ, ਪੋਧੇ ਨਸ਼ਟ ਕਰਕੇ ਨਾ ਕਰ ਮੈਨੂੰ ਬਰਬਾਦ ।
ਧਰਤੀ ਕਹਿੰਦੀ ਵਾਰ-ਵਾਰ ਹੇ ਮਨੁੱਖ, ਸੁਣ ਮੇਰੀ ਪੁਕਾਰ,
ਪਸੂ, ਪੰਛੀ ਨੂੰ ਮਾਰ ਕੇ, ਨਾ ਕਰ ਮੇਰੇ ਤੇ ਪਾਪ ।
ਧਰਤੀ ਕਹਿੰਦੀ ਵਾਰ-ਵਾਰ ਹੇ ਮਨੁੱਖ, ਸੁਣ ਮੇਰੀ ਪੁਕਾਰ,
ਭਰੀ ਜਵਾਨੀ ਚ ਆਪਣੇ ਮਾਤਾ-ਪਿਤਾ ਦੀ ਸੇਵਾ ਨਾ ਕਰਕੇ,
ਨਾ ਬਣ ਇਸ ਪਾਪ ਦਾ ਗੁਣੇਗਾਰ ।
ਧਰਤੀ ਕਹਿੰਦੀ ਵਾਰ-ਵਾਰ ਹੇ ਮਨੁੱਖ, ਸੁਣ ਮੇਰੀ ਪੁਕਾਰ,
ਫੁੱਲਾਂ ਨਾਲ ਇਸ ਕੁਦਰਤ ਨੂੰ ਚਮਕਾ ਵਾਰ-ਵਾਰ
ਇਹ ਧਰਤੀ ਕਹਿੰਦੀ ਮੈਨੂੰ ਵਾਰ-ਵਾਰ ।

ਕੁਲਦੀਪ

ਬੀ.ਏ.-॥

ਰੋਲ ਨੰ. 1210051002016

ਕਦੇ ਹਾਰ ਨਹੀਂ ਹੁੰਦੀ

ਜਿਵੇਂ ਫੁੱਲਾਂ ਤੋਂ ਬਿਨ੍ਹਾਂ ਫੁੱਲਵਾੜੀ ਨਹੀਂ ਹੁੰਦੀ ।

ਨਾ ਮੰਨੋਂ ਤਾਂ ਕਦੇ ਹਾਰ ਨਹੀਂ ਹੁੰਦੀ ।

ਸਿਰਫ ਚੰਮ ਦੀ ਗੱਲ ਨਾ ਕਰ ਸੱਜਣਾ ।

ਬਿਨ੍ਹਾਂ ਕੰਮ ਤੋਂ ਬੰਦੇ ਦੀ ਸਾਰ ਨਹੀਂ ਹੁੰਦੀ ।

ਉਹ ਘਰ ਕਦੇ ਵੱਸਦਾ ਨਹੀਂ ।

ਜਿਸ ਘਰ ਸੁਚੱਜੀ ਨਾਰ ਨਹੀਂ ਹੁੰਦੀ ।

ਕੱਲਾ-ਕੱਲਾ ਪੰਛੀ ਭਾਵੇਂ ਉਡੈ ਅਸਮਾਨੀ ।

ਬਿਨ੍ਹਾਂ ਸਾਂਝ ਦੀ ਉਡਾਰੀ ਤੋਂ ਡਾਰ ਨਹੀਂ ਹੁੰਦੀ ।

ਭਾਵੇਂ ਲੱਖ ਵਾਰ ਪੁੱਤ ਜਤਾਉਣ ਹੱਕ ਆਪਣਾ ।

ਪਰ ਧੀ ਵੀ ਮਾਪਿਆਂ ਲਈ ਡਾਰ ਨਹੀਂ ਹੁੰਦੀ ।

ਜਿਨ੍ਹਾਂ ਮਰਜੀ ਚਲਾਕੀ ਦਾ ਕੋਈ ਮਾਲਕ ਹੋਵੇ ।

ਨਾਂ ਹੋਵੇ ਰੱਬ ਤਾਂ ਬੇੜੀ ਪਾਰ ਨਹੀਂ ਹੁੰਦੀ ।

ਜਿੰਦਗੀ ਦਾ ਵੀ ਕੀ ਭਰੋਸਾ ਕਰਨਾ ।

ਕਈਆਂ ਦੀ ਦਿਨ ਚਾਰ ਨਹੀਂ ਹੁੰਦੀ ।

ਕਰ ਪਛਾਣ ਤੂੰ ਆਪਣੇ ਮਕਸਦ ਦੀ ।

ਕੁਦਰਤ ਮੌਕਾ ਹਰ ਵਾਰ ਨਹੀਂ ਦਿੰਦੀ ।

ਸਿਮਰਨ

ਬੀ.ਏ.-॥

ਰੋਲ ਨੰ. 1210051002006

ਚੁਟਕਲੇ

ਮੁੰਡੇ ਵਾਲੇ ਕੁੜੀ ਦੇਖਣ ਉਸਦੇ ਘਰ ਗਏ
ਕੁੜੀ ਪਸੰਦ ਆ ਗਈ
ਪੰਡਿਤ ਬੋਲਿਆਂ 36 ਦੇ 36 ਗੁਣ ਮਿਲ ਰਹੇ ਨੇ
ਮੁੰਡੇ ਵਾਲੇ ਉਠਕੇ ਘਰ ਜਾਣ ਲੱਗੇ
ਪੰਡਿਤ ਬੋਲਿਆ ਕੀ ਹੋਇਆ ?
ਮੁੰਡੇ ਵਾਲੇ ਬੋਲੇ ਮੁੰਡਾਂ ਤਾਂ ਨਿਕੰਮਾਂ ਹੈ ।
ਹੁਣ ਨੂੰਹ ਵੀ ਨਿਕੰਮੀ ਲੈ ਲਈਏ ?

ਟੀਚਰ- 1 ਤੋਂ 10 ਤੱਕ ਗਿਣਤੀ ਸੁਣਾ

ਬੱਚਾ- 1,2,3,4,6,7,8,9,10

ਟੀਚਰ- ਉਏ 5 ਕਿੱਥੇ ਗਿਆ

ਬੱਚਾ- ਜੀ ਉਹ ਤਾਂ ਮਰ ਗਿਆ

ਟੀਚਰ- ਮਰ ਗਿਆ ਮਤਲਬ

ਬੱਚਾ- ਜੀ ਅੱਜ ਸਵੇਰੇ ਖਬਰਾਂ ਵਿੱਚ ਦੱਸ ਰਹੇ ਸੀ,
ਕੀ ਸੜਕ ਹਾਦਸੇ ਵਿੱਚ 5 ਦੀ ਮੌਤ ।

ਟੀਚਰ- ਇਕ ਟੋਕਰੀ ਚ 10 ਅੰਬ ਸਨ
ਅਤੇ 3 ਸੜ ਗਏ ਤਾਂ ਕਿੱਨੇ ਅੰਬ ਰਹਿ ਗਏ ?

ਬੱਚਾ- ਜੀ 10

ਟੀਚਰ- ਉਹ ਕਿਵੇਂ ?

ਬੱਚਾ- ਜੋ ਸੜ ਗਏ ਉਹ ਵੀ ਤਾਂ ਅੰਬ ਹੀ ਰਹਿਣਗੇ
ਸੜਨ ਨਾਲ ਕੋਲੇ ਥੋੜੀ ਬਣ ਜਾਣਗੇ
ਵਿਦਿਆਰਥੀ ਅੱਜ ਵਕੀਲ ਹੈ ।

ਨੀਤੀ
ਬੀ.ਏ.-III

ਦੋਸਤੀ

ਮੈਨੂੰ ਆਪਣੀ ਦੋਸਤੀ ਸਕੂਨ ਜੇਹੀ ਲੱਗਦੀ ਏ
ਜਦੋਂ ਵੀ ਮੈਂ ਆਪਣੇ ਦੋਸਤਾਂ ਦੇ ਨਾਲ ਹੋਵਾਂ
ਤਾਂ ਗੱਲਾਂ-ਬਾਤਾਂ ਕਰਨ ਤੋਂ ਬਾਅਦ ਕਦੋਂ ਸਮਾਂ ਨਿਕਲ ਜਾਂਦਾ ਹੈ
ਇਹ ਮੈਨੂੰ ਪਤਾ ਹੀ ਨਹੀਂ ਲੱਗਦਾ ਏ
ਬਹੁਤ ਸਾਰੀਆਂ ਯਾਦਾਂ ਦੋਸਤਾਂ ਦੇ ਨਾਲ ਹੀ ਜੁੜ ਗਈਆਂ ਨੇ
ਇਸ ਲਈ ਤਾਂ ਮੈਨੂੰ ਲੱਗਦਾ ਹੈ ਕਿ ਦੋਸਤੀ
ਮੇਰੇ ਲਈ ਜਨੂੰਨ ਬਣ ਗਈ ਏ
ਦੋਸਤਾਂ ਦੇ ਬਿਨਾਂ ਹਰ ਇਕ ਪੱਲ ਅਧੁਰਾ ਜੇਹਾ ਲਗਦਾ ਏ
ਮੈਨੂੰ ਇੰਝ ਲੱਗਦਾ ਹੈ ਜਿਵੇਂ ਹਰ ਜਨਮਾਂ ਦੀ ਖੁਸ਼ੀ
ਮੈਨੂੰ ਇਸ ਜਨਮ ਵਿੱਚ ਹੀ ਮਿਲ ਗਈ ਏ ।

ਕਾਜਲ

ਬੀ.ਏ.-III

ਰੋਲ ਨੰ. 120005002106

ਸੁਪਨਾ

ਕੱਲ ਰਾਤੀ ਆਇਆ ਸੀ ਮੈਨੂੰ ਸੁਪਨਾ
ਉਥੇ ਵੇਖਿਆ ਮੈਂ ਭਾਰਤ ਆਪਣਾ
ਚਾਰੇ ਪਾਸੇ ਦਿਸਦੀ ਸੀ ਹਰਿਆਲੀ
ਸੱਬ ਦੇ ਦਿਲ ਵਿੱਚ ਸੀ ਖੁਸ਼ਹਾਲੀ
ਲੋਕਾਂ ਦੇ ਨਾਲ ਸੀ ਭਾਈਚਾਰਾ
ਕੋਈ ਨਹੀਂ ਸੀ ਬੇਸਹਾਰਾ
ਨਾ ਕੋਈ ਮੁਸਲਮਾਨ ਸੀ ਨਾ ਕੋਈ ਹਿੰਦੂ ਸੀ
ਹਰ ਕੋਈ ਲੋਦਾਂ ਸੱਚੇ ਰੱਬ ਦਾ ਨਾਂ ਸੀ
ਚਾਰੇ ਪਾਸੇ ਫੁਲਾਂ ਦੀ ਖੁਸ਼ਬੂ ਸੀ
ਹਰ ਪਾਸੇ ਚਿੜੀਆਂ ਦੇ ਚੁਹਕਨ ਦੀ ਆਵਾਜ਼ ਸੀ
ਹਰ ਘਰ ਵਿੱਚ ਰੋਣਕਾਂ ਲੱਗਿਆਂ ਹੋਇਆਂ ਸੀ
ਹਰ ਪਾਸੇ ਪ੍ਰਚਾਰ ਦੇ ਰਹੇ ਸੀ ਗੁਰੂ ਨਾਨਕ ਦੇ ਉਪਦੇਸ਼
ਰੱਬ ਬੰਦਗੀ ਵਿੱਚ ਸੱਬ ਤੋਂ ਅੱਗੇ ਸੀ ਮੇਰਾ ਦੇਸ਼
ਦਿਲ ਇਹ ਚਾਹੇ ਮੇਰਾ ਸੁਪਨਾ ਸੱਚ ਹੋ ਜਾਵੇ ।
ਫਿਰ ਤੋਂ ਮੇਰਾ ਦੇਸ਼ ਸੋਨੇ ਦੀ ਚਿੜੀਆ ਬਣ ਜਾਵੇ ।

ਕੁਲਦੀਪ

ਬੀ.ਏ.-॥

ਰੋਲ ਨੰ. 1210051002026

Meet the Toppers!

I have spent 3 years in this college and this was one of the best experience of my life. The faculty of college is very supportive and they not only motivate us for study but also for other co curricular activities which enhance our knowledge and helpful in development of our personality as an individual. The college time is golden period of our life and we should utilize it properly. This time is for learning new things and to find out what's your real passion and also analyze your true potential and keep trying to know your real worth and this will be the best place for this.



Ms. Shalini
B.com Graduate

Highlights of the Session 2022-23



प्रतियोगिताओं में प्रतिभागी छात्राएं प्रिंसीपल व स्टाफ के साथ।
रा. महिला महाविद्यालय में पृथ्वी दिवस पर विभिन्न प्रतियोगिताओं का आयोजन
शाहजादपुर, 20 अप्रैल (पकेस): के उपलक्ष्य में महाविद्यालय के डॉक्यूमेंट्री भी दिखाई गई। डा. निर्मल

Aishe



Inter -District science exhibition

Hindi Language Workshop



Annual Prize Distribution and Convocation

Youth Festival



MOUs



Entrepreneurship



Inter -District science exhibition



IQAC Meet

NAAC Progress

English Language



Editorial
Department of English, GCW Shahzadpur

Just through the window where I am sitting I can see a man speaking fast and spontaneously and he is gesticulating with his long arms. His whole body is animated with what he is trying to say. There is no audience around him. He stands in the small veranda in front of his single storey house which is part of a group of houses- colourful and nearer than what houses in Himachal Pradesh usually are. I cannot hear what he is saying. He went crazy some years ago, I don't know how many. He comes out often and during nights he can be heard louder than during the days. He is lean, nearly emaciated. Up close when I saw him once near the bus-stand he was unwashed, saliva and snot about his mouth, and he was stinking terribly. Another time he wore a clean, washed t-shirt and had just had a bath. Often I wonder about his life and what has caused this man to lose his mind.

Looking a little down from where he stands, I can see a narrow, paved lane skirting down from the clump of houses. There is a train of five ponies each loaded with gravel or sand to be used for construction of a house. Ponies are indispensable to ferry heavy and large amount of cement or bricks in Himachal where roads are not wide enough for motor vehicles. The man who is the master of the activity earns his living by it. Some years ago there used to be a charge of 25 rupees for each pony for each round, what it might be a little higher. Here it is a common sight but now I can see an unloaded pony foaltrailing the five ponies, more wayward and with a swagger of a child unable to focus—delightful for me to observe.

What I have tried in the above two paragraphs is an illustration as to how language and society permeate each other and create a dynamic system. To be able to describe what one sees and feels is both a challenge and a learning. The composition sections of curricula throughout the years of education are designed to train us in this skill that becomes a craft with practice and then rises to become art.

The college magazines also serve the same purpose: they goad us to go beyond the curricula and bring to life that which sometimes remains beyond books and is actually lived by us. With the English language the challenge of expression in rural colleges like ours is great. But in each edition of this magazine we find students who gladly take the challenge in a spirit that inspires. This edition of the magazine also has some notable entries in English. It is hoped that all students and the college staff will read these entries.

Dr. Yash Pal
Asst. Prof. (English)

My College Journey

In school life we are confined to a world of our own. Ideologically and practically, we depend heavily on our parents, teachers, and other elders of our acquaintance. But when school life is over, for those who are able to enter college the world widens. Our thoughts and behaviour start becoming independent. According to my experience the process of real personality building and development of a person begins in college itself. I am going to relate some of that experience here.

In the first year when I got admission in the college, I was an introvert girl. Far from giving my views about any topic in any thoughtful and cogent manner, I could not even utter simple words about my point of view in front of anyone. In college however I got the opportunity to think and speak on various subjects with the inspiration and gentle pushes of the teachers. Though I did my presentation in the psychology department in a trembling voice and, far beyond my expectations, I got first position in that departmental activity competition.

The experience taught me, and I understood, that if you believe in yourself than people will believe you. After that on every occasion I tried participating in the activities, competitions, talent hunt shows organised in the college. Now there is hardly any fear and my voice has become stable I can say that I have developed a fairly high level of confidence. I also understood very well that in order to become a good speaker we must have a good command

over the language. I am good in studies from the beginning but the only shortcoming was a holding back, a hesitancy owing perhaps to felt under- confidence. It led to inability to express my thoughts. When I was in 12th class I had a teacher named Jasjeet Kaur. One day she told me one thing very politely that my dear Anjali, marks or scores are good, but your marks have real value only when you will be able to express your point of view, your learning, your knowledge, otherwise your scores are just nothing more

than a piece of paper called mark sheet. And she also said that when you do something with passion, the whole universe supports you.

All my teachers and friends gave me every kind of support and inspiration. My competitors have also played a major role in my journey of growth. I watched their performances with fierce attention, and through them I became more aware of my shortcomings and improved my acts. Only if the competition is good it will make you grow otherwise it will become the cause of your downfall because of vanity and narrowness. There were several types of events that kept happening in one department or the other. The workshops related to various subjects were organised by college from time to time and they also played an important role in the overall development of my skills and learning.

I am fortunate that in such a good environment of my college I found myself a transformed person, quite different from one who entered nearly three years

ago. And thus this heartening journey ended with the completion of my final semester exam and with the end of this journey, the doors of a new and hopefully better journey opened for me.

Anjali Upadhyay

BA (2020-23, Roll# 86)

Books Are My Best Friends

Life is not easy to live without friends. When it comes to books, they can be my best friends, and that too for forever. Good books enrich my mind with good thoughts and knowledge just like good friends enrich our life. It is difficult to feel alone in the company of good books. Great books, which have been read by generations of readers, help me to become a better human being and also teach me how to serve the society in the best possible way. When I am alone, I can always pick up a book and start reading to feel relaxed.

Books are my best friend because they inspire me to do great things in life and overcome my failures. I learn a lot from good books just like a good friend. Friendship with good books challenge me to become a better person. Books will always be there for me in my bad or tough times. Books teach me to have dreams. Books brings positive values to my life.

The people who mentor, teach or advise me are not always with me. But the books can always be with me. I can refer to them and clarify my doubts or remind myself of some point I have forgotten or learn about something that which I have been not looking into so far.

I think that Books may be costly to buy. But good books are worth more than the money. They give something more than money can give. When I have a traveling and have to spend time on the journey, I like to read rather than use

mobile phone. When I am at home and have nothing very important or urgent to do, it is better to read books. The time is well spent and I gain interesting things.

The books are very important part of my life. I see that often some people with disturbed minds try to read the great and sacred epics like Ramayana or Mahabharata and some sthothras of Gods to keep their minds occupied and to regain peace of mind. This is very helpful for them. Books written by great persons generate noble thoughts in me. They give me analytical skills. It is important to be practical in applying the knowledge gained from the books and not just remain readers.

I think that good use of books means learning the appropriate knowledge, let it be technical, language skills, general knowledge or fun related stuff. My face shine with a brightness and have more confidence when I have just learned something new through books. It is also very crucial to note down important points, thoughts or doubts in a good notebook or in the margins of the book while reading.

I liked the 'Wings of Fire' book. This book is autobiography of A.P.J Abdul Kalam. There is so much knowledge and good things in it that one remains inspired for a long period. Such a book works towards making me a good, more inspired and inspiring human being. Reading this book is very heart warming and beautiful experience. This book contains a detailed description of how great things can be achieved through simple thoughts and actions. This

book and Dr. Kalam's life remain a great inspiration for me. This book conveys the message of Dr. Kalam : always keep your dreams high, plan perfectly , keep clarity of your goals, do hard work. My favourite play is 'The Merchant of Venice' by William Shakespeare. This play is very interesting. I read 'Kanthapura' a famous novel by Raja Rao, and I want to read 'Othello', 'King Lear' and 'Hamlet' once I enjoyed The Merchant of Venice.

In the modern world, books are also changing their appearance from the hard copy and paperbacks to ebooks on the internet. It depends on whether we are comfortable reading a hard copy or a soft copy on the computer.

Finally, I will say that we have progressed in this age much because of great laws, concepts, sciences, thoughts, inventions, discoveries and their efforts that were documented by our ancestors in the form of books. These books have accelerated the progress of our civilization.

Sanjana
BA (2020-23, Roll# 121)

Unforgettable Memories

It is often seen in rural parts that boys are given more priority in families than girls in imparting education. Sometimes, it also happens that due to lack of money and awareness, poor villagers are not able to provide education to all their children. Major problems faced by students in rural areas are poverty, lack of transport, poor

infrastructure, poor infrastructure, poor quality of education and teachers and above all government apathy.

Being a girl, I personally experienced many problem. Poor families often favour boys when investing in education. In general too, barriers of poverty, child marriage and gender-based violence to girl students play a great role in their lives. Though for individuals these vary among countries and communities as well.

In some places, schools do not meet the safety, hygiene or sanitation needs of girls. The major educational problem is lack of educational institutions especially beyond tertiary level in the rural areas. There are some institutions for men but they too are far away from the village. Moreover, even if there are institutions they lack hostel facilities for girls. The problem is both ways. One of the main barriers to female education in India is the perception of women in society. The ancient Indian Society was predominantly patriarchal, giving little room for women's education.

Women in ancient times rarely went out of their homes. We in our villages are not too different. In rural areas, many families are joint families so there is a burden on female members along with girls to carry out domestic works. I also belong from a joint family. My village is a very backward village. In my village, no girl has ever been allowed to study after 8th class before me. But my mother always wanted that my daughter should get proper education and become an officer. When my 8th class result came, my father, my family and even my brothers refused to let me study further. My father disallowed me from further study not because of social tradition but rather he refused because I was very ill at that time. When I was born, doctors could save only one person, my mother and me. But this was the first case that both my mother and I survived. The doctors were also surprised.

But after that a disease took hold of me. Due to that illness, I had started bloating a lot. After some time a doctor treated me but he

also said that I would live only for 17 years. My mother used to cry day and night. But slowly I started getting better. My father got me admission in a private school in Nagla. Due to strictness of the medication routine, and frequent lapses in the same due to commuting to my admission should be done in the village school. There I studied diligently. School teachers also used to praise me a lot because I was good in studies.

After passing 8th class my mother thought to get me admission in Nagla government school for further study. But my father did not want that because I am very ill that time. But after some time my admission was somehow done. I have been going to school and heard people say—girls are naturally quieter than boys; science and maths are boys subjects; boys are better at sport than girls; boys and girls can't work together or be friends with each other; girls are better at housework; and girls are more fragile etc. Sometime I cried after listening these stereotypes. I thought that I am a girl and is it my fault. But soon I realised the fault is in those who are petty minded. In spite of this I studied more diligently in Nagla and topped the class.

After passing 10th class my father got me admission in the Govt. Senior Secondary School for Girls in Naraingarh for further study. I had to travel in buses every day and it can be a pretty bad experience. The people of my village told my father that girls don't belong to anyone. Girls forget their parents and everything else once they happen to fall in love. Girls become vagabonds and uncontrollable once they acquire the cityways, etc.

But I worked hard with studies in Naraingarh. When I passed the 12th class all villagers praised me a lot because I again topped my class. Now I heard them say that I am intelligent and that I studied very well in city. They started giving my example to other girls. And sometime later I found many girls have started coming from my

village to college or schools in buses. That day I was

very happy. Then I got admission in Bachelor of Arts in Badagarh near Shahzadpur in newly opened in women's college.

The initial months were swallowed by the pandemic and we couldn't go to college. My first day in college after COVID -19 was very interesting. When I entered in the college for the first time, I didn't like it. From the beginning I wanted to study in another college in the district headquarter, Ambala Cantt. But in spite of this I took admission in this college. After COVID -19 I started going to college in the 3rd semester. In the beginning, I neither knew about the teachers nor about my classrooms. Somehow I adjusted. I was very nervous when I met my classmate for the first time. Because in BA 2nd year I saw such a big class for the first time in room number 5. In the beginning I was too scared to talk to others and make friends.

But slowly I started making friends and some of them became special and close. By the end of the semester, I had friends, and wanted, once again as I wanted in schools, to do well in studies. But comfortability with teachers was required too. Most of the teachers in the college were good in but with only a few we had regular interaction in classes.

Yes, it is true that in the beginning I did not like either college or the teacher; students too were unimpressive. But slowly, after talking to everyone and interacting with everyone, I started liking everything. Nowadays my feelings are quite opposite to what they were in the beginning. Once I

participated in a competition on the suggestion of my friend, I got positive encouraging response to my performance. I still remember that I participated in the drawing competition. Since then my confidence has increased and I have participated in many competitions such as dancing competition, speech competition,

singing competition, science exhibitions, modelling, clay modelling, painting competition, mimicry competition, race competitions, related to red cross event competition, makeover competitions, and rangoli competitions etc. Because of these competitions, I started getting interested in studies and I started coming among the best graders in the class as well. Now everyone in the college knew me. After some time all the teachers, all the students started appreciating me a lot, because I kept performing in a variety of competitions. I still remember that when the result of a particular competition came the teacher said that the first position goes to the student who is casual and talented. I felt very happy that day. It is not that I was a topper from the beginning, I have also seen the face of many failures but due to my strong belief, today I have become a confident lady. One more thing now I can easily say that I am a more educated person and a graduate now.

Mausam Rani

BA (2020-23, Roll# 22)

Some Thoughts

- I wish there was a Bread Day too, So people would have distributed bread to the people crying out of hunger.
- I wish there was a Cloth Day too, So people used to distribute clothes to people who were chilling with cold.
- I wish there was a Humanity Day too, So people would have understood what humanity is.
- A hand placed on the shoulder in bad times is more valuable than applause on success!!
- Donation boxes should not be in temples but in hospitals and schools so that needy people can be treated and educated !

•The seller of vegetables on a cart is so rich that he gives coriander and chillies free of cost. And the owner of a showroom in the mall is so poor that he takes money even for carry bags.

•When the baby cries, the whole building gets to know, But sir, When the parents cry, Then the one on the arm too does not know, How have they become people!!!

Pinki

BA (2020-23, Roll# 08)

WOMEN'S INNER BEAUTY AND STRENGTH

Dear Girls, do you sometimes feel like life is just too much? Do you often feel like you are not worthy enough. That you can't handle all the stress and pressure that comes with it. Let me tell you, you are not alone. So many women feel this way, but it doesn't have to be that way. YOU CAN UNLOCK THE JOY OF LIVING LIFE BY EXPLORING YOUR INNER SELF.

When you start appreciating yourself that who you are on inside, you'll find that life is very joyful.

Inner beauty is more important than outer beauty and we should strive for it. Physical beauty makes a woman beautiful but just like this outer beauty, inner beauty too, positively impact our lives. True beauty lies when you are honest to yourself and realise who you actually are!!! You have the ability to not only recognise your inner self and beauty but can also reshape it. Being authentic is the most essential part of inner beauty. This is one of the secrets of an elegant woman. When you are authentic to yourself, you are also your most beautiful self. Never in your life underestimate yourself on the basis of outer appearances.

Your inner strength and confidence is something that actually defines you, your beauty! True beauty comes when you recognise your worth in yourself. THE MOST AVERAGE- LOOKING WOMAN CAN BECOME ELEGANT AND BE BREATHTAKING WHEN SHE IS CONFIDENT AND KNOWS HER ACTUAL STRENGTH.

One of the main reasons why you don't feel beautiful and confident from inside is comparing yourself to others. And IT'S DIFFICULT TO FEEL LIKE AN AMAZING WOMAN WHEN WE ARE FEELING DOWN ABOUT OURSELVES.

Beauty is more than beauty of skin, so even if we don't feel glamorous outside, that doesn't mean we are not beautiful inside. You are always more capable than you think you are! You just need to focus on your inner strength, your worth and start seeing life with a new perspective, which is positivity and confidence in yourself.

My only motive to write this is to make you realise your strength and beauty, which is hidden inside you, but you haven't recognised it yet! So just be confident, kind, compassionate and understand yourself and embrace your inner beauty. Never step backward on the basis of outer appearance, and you'll find that you are becoming more beautiful inside and out.

Anshu Chauhan.

SPORTS MEET

Sports Committee Activities 2022-23

Organized 4th Annual Athletic Meet on 8th December 2022



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खेल अच्छा स्वास्थ्य प्रदान करने के साथ बढ़ाते हैं मस्तिष्क की एकाग्रता : रजनी भट्टा
 रा.म.महाविद्यालय में एक दिवसीय वार्षिक खेलकूद प्रतियोगिता का हुआ आयोजन



Events During Annual Athletic Meet



Department of Commerce





EDITORIAL COMMERCE SECTION

It's never been a better time to be a writer or aspire to become one. Platform like 'Pratibimb' E-magazine of the college, provides opportunity for our budding writers and authors to express their talent .It's an initiative to set the budding minds free allowing them to roam free to create the world of beauty in words. Writing is an art that develops over a period of time. Writing comes from reading and reading is the finest teacher of how to write. My heartfelt thanks to all who have contributed in our college magazine and make it endearing with our readers.

Monika

Assistant Professor

Editorial Head, Commerce section



देश के वीर के विचार |

सामने देख दुश्मनों का काफिला,
मेरा खून खोलता जा रहा
पीछे मुड़ने का तो सवाल ही नहीं,
मेरा फर्ज मुझे बुला रहा |
दिया वचन जो भारत माँ को,
वह पूरा कर दिखाना है
माँ झुकने ना दूंगा तिरंगा तेरा,
भले शहीद हो जाना है |

अपने परिवार की करते सब हिफाजत
मै भारत माँ की करना चाहूंगा |
सफेद कफन में नहीं,
मै तिरंगे में लिपट कर जाऊंगा |
झुकने ना दूंगा में तिरंगा तेरा,
भले शहीद हो जाऊंगा |

चल रही चारों तरफ गोलियां
कुछ मेरे सर पर तो कुछ मेरे सीने पर लगी
ठान लिया मैंने भी उस वक्त,
मरते दम तक लड़ूंगा जब तक जीत ना हो भारत की
|
वीरों में नाम लिखवा जाऊंगा
माँ झुकने ना दूंगा तिरंगा तेरा,
भले शहीद हो जाऊंगा |

Deepa

M.com (1st year)

मेहनत व लगन से बड़े से बड़ा मुश्किल कार्य आसान हो जाता है | अगर लक्ष्य को प्राप्त करना है तो बीच में आने वाली बाधाओं को पार करना होगा, मेहनत करनी होगी, बार बार दृढ़ निश्चय से कोशिश करनी होगी | “असफल लोगो के पास बचने का एकमात्र साधन यह होता है कि वे मुसीबत आने पर अपने लक्ष्य को बदल देते है” |

Nikita

B.com 2nd Year

Roll No. = 1210051003013

मुझे पढ़ना है
मुझे नहीं शॉक इन कपड़ों की,
ले जाओ दो किसी और को,
बढ़ने दो बाल , क्या हो जाएगा,
अभी दूर है मंजिल , मुझे बहुत कुछ करना है,
मुझे पढ़ना है , मुझे पढ़ना है ||

मै खुद ही काफी हु खुद के लिए,
बस एक कमरा दिला दो , हाँ लाइट रहे,
थोड़ा पानी का इंतजाम करा दो,
सादा ही लाना पानी,
मुझे नहीं चाहिए स्प्राइट जेसा,
इस कठिन राह के सागर में,
मुझे मजा नहीं करना है,
मुझे पढ़ना है , मुझे पढ़ना है ||

भोजन हो सादा , हो ना ज्यादा,
ना रसमलाई , ना खीर का प्याला,
ना मिले समय पर तो कोई बात नहीं,
चिंतित मत होना , करो वादा,
इस सतरंगी दुनिया से दूर रह कर,
मुझे बहुत कुछ करना है,
मुझे पढ़ना है , मुझे पढ़ना है ||

मत लगाना राजगद्दी मेरे लिए,
काफी है तकिया एक चादर,
मै नीचे ही सो जाऊंगा,
मत करो इतना आदर,
बस चार घंटे ही सोना है,
ज्यादा-से-ज्यादा जागना है,
मुझे पढ़ना है , मुझे पढ़ना है ||

Reshma Kumari

B.Com (CAV) 2nd year

Roll No. - 1210051039006

Management of Study Schedule

“Management is doing things right”

Management of Study Schedule means- Productive use of your time for study. Because “Tide and Time Wait For None”

While preparing your study schedule, First of all you need to plan your all activities of whole day. So that you can easily decide on which time you need to do which activity. Then it is

very important that you must give time to your each subject. After that it is important for good student that class given by all Teachers must be Attend.

Next step is that after every class there is revision of every topic. So that Topic can be easily understand. Then need to attend your all class Tests this helps to know how much your topic is prepared. And after all this planning there is need to do arrangement for entertain yourself.

But Always Start Your Day with Prayer to god. Because he helps much in this journey. Management of Study Schedule

“Management is doing things right”

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But always start your day with Prayer to god. Because he helps much in this journey.

Name – Mansi

Class – B.com (cav)

Roll no - 1210051039005

घुटनों से रगड़ के रगड़ता
कब पैरों पर खड़ी हो गई।
तेरी ममता की छवि
में जाने कब बड़ी हो गई।
काला टीका दूध मलाई।
आज भी सब वैसा है।
मैं ही मैं हूँ।
हर जगह तेरा प्यार ही ऐसा है।
मां तू कितनी अच्छी है,
कितनी भी हो जाऊं बड़ी मां
मैं आज भी तेरी बच्ची हू

मां तो आखिर होती है मां |
अपने सपनों को त्यागकर,
रातों को जागकर हमारी ख्वाहिशें करती हैं
पुरी उनके बिना ज़िन्दगी अधूरी,
ममतामयी आंचल है
मां तु कितनी अच्छी है
कितनी भी हो जाऊं बड़ी मां मैं आज भी तेरी बच्ची हू
सबकी देख-रेख करते करते, वह खुद को भूल जाती है।
अपने आंचल से छाव देती है।
जब भी धूप आती है।
उस मां के बगैर किसी को, कभी जीना नहीं आएगा,
क्योंकि, एक बच्चे को उसकी मां से ज्यादा कोई और
समझ नहीं पाएगा |
कितनी भी हो जाऊं बड़ी मां मैं आज भी तेरी बच्ची हू

Mehak
M.com
Roll no. –20220112

वो बचपन कितना सुहाना था |
वो बचपन कितना सुहाना था
मर्जी से उठाना, मर्जी से सोना
भूख प्यास की ना थी फिकर
मां को खुद खिलाना था,
वो बचपन कितना सुहाना था |

खेल कूद ही बसे थे दिमाक में
ना था काम का फिकर कोई,
ना टेंशन का आना जाना था |
हर पल आता है याद जिसका,
वो बचपन कितना सुहाना था |

नही पता थी कीमत पढ़ाई की
रोते रोते जाते थे स्कूल,
जब काम ना होता पूरा था
टीचर की डांट से बचने को,
फेमस कॉपी घर भूल जाने का बहाना था |
वो बचपन कितना सुहाना था |

काश वापिस आ जाए वो पल
जहां बस खुशियों का खजाना था |
आज याद आता है हर पल जिसका,
वो बचपन कितना सुहाना था |

Deepa
M.com (1st year)
Roll no. – 20220114

बेटी के दिल की आवाज़ |

गुजरती हवाओं से पूछा मैंने
चलती सांसो से पूछा मैंने |
क्या हमारा सम्मान हमें मिल पायेगा
होगी कदर जमाने में
ना जिस्मों से खेला जायेगा |
जिएगी हम शान से,
क्या वो दिन भी कभी आयेगा |

चाहे पहने जींस हम,
चाहे घुंघट की ओट हो
वो देखेगा फिर भी बुरी नजर से,
जिसके दिल में खोट हो
नहीं कोई गुनाहा उसका,
गुनाहा हमारे कपड़ों पर लग जायेगा |
जिएगी हम शान से,
क्या वो दिन भी कभी आयेगा |

क्या मिट जाएगा दौर यह बंदिशों का,
क्या हम भी पंख फ़लाएंगी |
क्या होगी कदर जमाने में,
या यूँही कुचली जायेगी |
क्या होगी खत्म अंधेरी रात ये,
क्या नया सवेरा आएगा |
जिएगी हम शान से,
क्या वो दिन भी कभी आयेगा |

Deepa
M.com (1st year)
Roll no. – 20220114

हिंदी ही संस्कृति हमारी |
हिंदी से बना हिंदुस्तान
हिंदी ही संस्कृति हमारी
हम सब को हिंदी पर मान
हिंदी पहली पहचान हमारी |
क्यों हम हिंदुस्तानी हिंदी को भूलते जा रहे
ऐसा क्या है अंग्रेजी में जो इसे इतना अपना रहे
क्यों हिंदी पीछे रह गई अंग्रेजी का परचम लहरा रहे
मत भूल मानव, हिंदी ही संस्कृति हमारी
हम सब को हिंदी पर मान
हिंदी पहली पहचान हमारी |
अंग्रेजी के अक्षर साफ बोल जाते हैं
क्यों हिंदी बोलने में इतना लड़खड़ाते हैं

भाषा है यह सबसे प्यारी
बोली इसकी सबसे न्यारी
हिंदी ही संस्कृति हमारी,
हम सब को हिंदी पर मान
हिंदी पहली पहचान हमारी |
मानव अब उठ उठ जाग
अंग्रेजी के पीछे इतना ना भाग
हिंदी की भी रख तू लाज
हिंदी ही संस्कृति हमारी,
हम सब को हिंदी पर मान
हिंदी पहली पहचान हमारी |

Deepa
M.com (1st year)
Roll no. – 20220114

BALANCE SHEET OF LIFE
BIRTH is your OPENING STOCK
DEATH is your CLOSING STOCK
WHAT COMES is your CREDIT
What GOES is your DEBIT
Your FRIENDS are your ASSET
Your BAD HABBITS are your LIABILITIES
Your HEALTH is your GOODWILL
And your SOUL is your FIXED ASSET
Your HAPPINESS is your PROFIT
But your SORROW is your LOSS
Your CHARACTER is your CAPITAL
Your KNOWLEDGE is your INVESTMENT
Your AGE is your DEPRECIATION
And always remember
Your KARMA is your AUDITOR
So have a nice BALANCE SHEET of your
LIFE

Prince Brar
M.com 1
Roll no20220102

Department of Computer Science





Editorial Science Section

When a reader picks up a magazine, the name is the first point of contact. A creative or unique name grabs the reader's interest at first glance. 'PRATIBIMB', a reflection formed by the glares of original ideas, is a step in that direction by giving a platform for innovative thinking and writing. The Editorial Board and our talented student authors have worked very hard to put together remarkable pieces of writing to showcase their creativity. Our students have presented their ideas in the form of articles, poems, covering fields like arts, sciences, languages and many more. In addition, the editorial board highlighted all the events and accomplishments that took place in session 2022-23 in our college.

I believe that efforts put in by all the students and teachers in the form of this magazine are truly incredible. I hope that this magazine exceeds your expectations, and you have an amazing reading experience.

Happy reading!!

**Regards,
Dr. Raj Kumari**



WONDERS OF SCIENCE!!

Science is a treasure,
Difficult to measure.....
Science is a boon,
Its magic is carrying the man to moon.....

Science is a mystery, Full of chemical
history,
Solved by ultimate chemistry.....
Symbol of silence, Factor of brilliance,
Science is the challenge of excellence.....

Physics is science of relations and motions,
For which technology moves with gradual
motions.....

World of creation, World of resources,
Together bonded by Gravitational
force.....

Science of Statistics, played with
Mathematics,

Wonders of Geometry, aspiring the
heights of earth creativity.....
In the world of scientific creation,
Mathematics is searching for its
own solutions.....

Manu Verma

B.Sc. 2nd Year

Roll No: 1210051015021

SOME INTERESTING SCIENCE

FACTS

YOU SHOULD KNOW ABOUT!!

❖ Soil is full of life.

There are more microorganisms in one teaspoon of soil than people on the planet. “Millions of species and billions of organisms—bacteria, algae, microscopic insects, earthworms, beetles, ants, mites, fungi, and more—represent the highest concentration of biomass anywhere on the planet,” according to the report.

❖ Bananas are radioactive

Bananas contain potassium, and because potassium decays, the yellow fruit becomes slightly radioactive. Bananas contain potassium, and since potassium decays, that

makes the yellow fruit slightly radioactive. But don't worry—you'd need to eat ten million bananas in one sitting to die of banana-induced radiation poisoning.

❖ Infants are born with 300 bones.

We have been knowing all our life that the human body has 206 bones. But did you know, infants are born with approximately 300 bones? As they grow up, the bones fuse and only 206 bones remain.

❖ The body produces 25 million new cells every second

Our body produces 25 million cells every second. That means every 15 seconds the body produces cells even more than the total population in the United States.

❖ Teeth are not considered as “Bone”

You'll be surprised to know that teeth don't come under the category of bones. They are a part of the skeletal system but not counted as bones.

❖ The brain uses 20% of the body's oxygen

The brain acquires only 2% of the human body mass. However, it uses 20% of the oxygen and blood supply.

❖ Human body bones are stronger than steel

That sounds incredible, isn't it? Human bones are stronger than steel. A block of bone is capable to support a size of up to 18,000 pounds.

❖ The smallest bone lies outside the eardrum

Most of us know the femur the thigh bone is the largest in the human body. Do you know what's the smallest? It's the stirrup bone lying outside the ear drum.

❖ It's impossible to burp in space

When you burp on Earth, gravity keeps

down the solids and liquids from the food you just ate, so only the gas escapes from your mouth. In the absence of gravity, the gas cannot separate from the liquids and solids, so burping essentially turns into puking.

❖ **About half of your body is bacteria**

Experts estimate that the human body consists of 39 trillion bacteria and 30 trillion human cells—a roughly 1:1.3 ratio. In the past, researchers thought we were much more bacteria than human, with a ratio of 10:1.

❖ **Men are more likely to be colour-blind than women**

The genes responsible for the most common type of colour-blindness are found on the X chromosome, the National Eye Institute explains. Even if women have the genes on one of their two X chromosomes, a properly functioning gene on the other one makes up for that loss. If men inherit the gene on their only X chromosome, they'll become colour-blind.

❖ **The human stomach can dissolve razor blades**

If you ever swallow a razor blade, don't panic. The human body is more capable than you think. Acids are ranked on a scale from 0 to 14—the lower the pH level, the stronger the acid. Human stomach acid is typically 1.0 to 2.0, meaning that it has an incredibly strong pH. In a study published in the journal *Gastrointestinal Endoscopy*, scientists found that the "thickened back of a single-edged blade" dissolved after two hours of immersion in stomach acid.

❖ **A cloud can weigh around a million pounds**

Your childhood dreams of floating on a weightless cloud may not withstand this science fact: The average cumulus cloud can weigh up to a million pounds, according to the USGS. That's about as heavy as the world's largest jet when it's completely full of cargo and passengers.

❖ **There are more trees on Earth than stars in our galaxy**

NASA experts believe there could be anywhere from 100 billion to 400 billion stars in the Milky Way. However, a 2015 paper published in the journal *Nature* estimated that the number of trees around the world is much higher: 3.04 trillion.

❖ **Helium can work against gravity**

When helium is cooled to extreme temperatures, just a few degrees away from absolute zero (-460 degrees Fahrenheit or -273 degrees Celsius), it turns into a superfluid, meaning it can flow without friction, *Scientific American* reports. It can climb up and over the sides of a glass, and it can leak through molecule-thin cracks in a container.

Name – Tanisha Sharma

Class – B.Sc. 2nd year

Roll No. -1210051015013

NAZI MEDICAL EXPERIMENTS



Perhaps the most infamous evil experiments of all time were those carried out by Josef Mengele, an SS physician at Auschwitz during Holocaust. The nazis used prisoners to test treatments for infectious diseases and chemical warfare. Others were forced into freezing temperatures and low-pressure chambers for aviation experiments, according to Jewish virtual library. Countless prisoners were subjected to experimental sterilization procedures. One woman Ruth Elias, had her breasts tied off with string so SS doctors could see how long it took her baby to starve, according to an oral history of Holocaust Museum. She eventually injected her child with a lethal dose of morphine to keep it from suffering longer.

Some of the doctors responsible for these atrocities were later tried as war criminals, but Mengele escaped to South America. He died in Brazil in 1979, of a heart attack, his final years were spent lonely and depressed according to The Guardian.

THE MONSTER STUDY



A stuttering experiment carried on 22 orphan children in 1939 in Iowa later became infamous worldwide as the Monster study. It was performed by Wendell Johnson, a speech pathologist at the university of Iowa. The horrific experiment was performed by his graduate student Mary Tudor.

All the 22 orphans were split in two groups. One group was given positive therapy for their fluent speech other was given negative therapy and were criticized for their imperfection in speech. This result of this cruel and horrific experiment was the negative group suffering physiological effects, and some of them suffering from speech problems for the rest of their lives.

Harshdeep
B.Sc. 2nd year

Thank You Science!

Science के कारण हम जी रहे हैं, इतनी अच्छी लाइफ, इसलिए दिल कहता है Thank you Science!

- जब पहले अंधेरे में पढ़ना पढ़ता था,
दिया जला कर
तो एडिसन ने दिया हमें बल्ब बना कर
इस तरह बल्ब ने अंधकार को दूर किया
और हमें रौशनी से भरा जीवन दिया
- जब अपने दूर हो जाते थे, हम मिल उन्हें न पाते थे
तो लैटर की हेल्प से हम उन तक
अपनी बातें पहुंचते थे
तब ग्राहम बेल ने हमें टेलीफोन दिया
और अपनों से बातें करना आसान किया
- जब देश में हो रही समस्याओं का
पता नहीं चल पाता था
तो मार्कोनी ने दिया रेडियो
जो देश की हर खबर को
घर घर तक पहुंचाता था

इस तरह साइंस ने आसान की हमारी लाइफ इसलिए,
दिल कहता है थैंक यू Science !

Harneet Kaur
B.Sc 5TH Sem

Department of Political Science

THREE DAYS WORKSHOP OF PPT ON(07/10/23)



QUIZ ON CONSTITUTION DAY ON(26/11/22)



DECLAMATION COMPETITION ON UNO DAY(18 OCT 2022)





Sanskrit Language

। तत्त्वमसिः।

That essence are you.

— mysanskriti.in —

संस्कृतिः





सपांदकीय

किसी भी महाविद्यालय की वार्षिक पत्रिका विद्यार्थियों की रचनात्मक प्रतिभा को प्रतिबिंबित करने का एक मंच होता है। यहाँ पर पढ़ने वाले सभी विद्यार्थी को अपने मन की बात उकेरने का एक सुनहरा अवसर मिलता है जिसके माध्यम से वो अपने मन में उठने वाले विचारों को लिख सकते हैं। राजकीय महिला महाविद्यालय शहजादपुर अम्बाला की इस ई- संस्करण (मैगज़ीन) आप सभी के सामने प्रस्तुत करते हुए मुझे अत्यंत खुशी हो रही है क्योंकि इस मैगज़ीन में हिंदी अनुभाग, अंग्रेजी अनुभाग, पंजाबी अनुभाग, संस्कृत अनुभाग और वाणीज्य अनुभाग आदि से अनेक छात्राओं ने अपने मन के विचार इस मैगज़ीन प्रस्तुत किए हैं। यहाँ पर कोई भी अपने विचारों को रख सकता है, किसी भी महाविद्यालय की शान वहां के विद्यार्थी छोटी- छोटी बातों में बहुत बड़ी सीख दे जाते हैं। मैं सभी विद्यार्थियों की रचनाओं को देखकर बहुत खुश हुई कि उन्होंने अपने विचारों को इस मैगज़ीन में प्रस्तुत किया है। महाविद्यालय की इस पत्रिका के माध्यम से सभी विद्यार्थियों को एक ऐसा मंच प्रदान करना है जिससे वे अपने मन में उठने वाले परिपक्व और अपरिपक्व विचारों को प्रस्तुत कर सकें। इस पत्रिका को प्रकाशित करने में किये गए प्रयासों के लिए मैं महाविद्यालय प्राचार्य, सभी विद्यार्थियों, सपांदकीय समूह को धन्यवाद करती हूँ।

डॉ. गीता देवी
सपांदकीय



संस्कृतदिवसः

- आमन्त्रितोल्लासविलासिवर्षः
विवृद्धवृद्धौघहृषीकहर्षः ।
विद्योतितच्छात्रगुणप्रकर्षः
सुपर्वभाषादिवसोऽयमार्षः । ।
- मनोमुदः कोविदकुञ्जराणां तन्यन्त
एतेन च निर्जराणाम् । गुणैर्गरिष्ठैरिह
भासमानो विराजतां
संस्कृतवासरोऽयम् । ।
- प्रतिप्रदेशं किल कीर्तिघोषः जनैः
समुत्तोल्य मुदा स्वदोषः ।
गीर्वाणवाणीगुणगौरवाणा माचर्यते
संसदि कोविदानाम् । ।

Pooja Rani
B.A final year

स्मृतिसौरभम्

आनन्दगङ्गा वहतीव यत्र
सौन्दर्यसिप्रा सरतीव यत्र ।
बन्धुत्वसिन्धुश्चलतीव यत्र
संस्कारशुद्धोऽस्ति स वो विभागः ॥ १ ॥
विलोक्य विद्यां प्रति कर्मनिष्ठां
चेष्टां च सर्वा निजनेत्रकान्त्या ।
जातं हि चित्तं सुखमण्डितं मे
विद्या यतो मे जननीव जीर्णा ॥ २ ॥
शुभ्रा सुचित्रा सरला सुभद्रा
विभागदायित्वनगाधिरूढा ।
बन्धुत्वविद्याविषये प्रवीणा
तां भारतीं स्नेहवतीं स्मरामि ॥ ३ ॥
या माधवी माधवभावसिक्ता
सदानुरक्ताऽध्ययनेऽतिशान्ता ।
विद्योतते या प्रतिभेव साक्षात्

Jasanpreet Kaur
BA=final

सर्वेभ्यः शिक्षिकाभ्यः शिक्षा केभ्यः च समर्पितम्

सर्वेभ्यः शिक्षिकाभ्यः शिक्षा केभ्यः च
समर्पितम् किम् अस्ति तत् पदम् यः
लभते इह सम्मानम् किम् अस्ति तत् पदम्
यः करोति देशानाम् निर्माणम् किम् निर्माणं
किम् अस्ति तत् पदम् यम् कुर्वन्ति सर्वे
प्रणामम् किम् अस्ति तत् पदम् यस्य
छायायाः प्राप्तम् ज्ञानम् किम् अस्ति तत्
पदम् यः रचयति चरित्र जनानाम् ' गुरु'
अस्ति पदस्य नाम सर्वेषाम् गुरुणाम् मम
शतं शत प्रणामः ।

Name_ Kiran Bala
Class BA final year

(कर्म पर संस्कृत श्लोक)

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन।
मा कर्मफलहेतु भूर्मा ते संगोस्त्वकर्मणि ॥
सर्वे कर्मवशा वयम्।
अवश्यकरणीय च मा त्वां कालोऽत्यागदयम्।
न श्वः श्वमुपासीत। को ही मनुष्यस्य श्वो वेद।
अकर्मा दस्युः।
अचोद्यमानानि यथा, पुष्पाणि फलानि च।
स्वं कालं नातिवर्तन्ते, तथा कर्म पुरा कृतम्।
ज्ञेयः स नित्यसंन्यासी यो न द्वेष्टि न काङ्क्षति।
निर्द्वन्द्वो हि महाबाहो सुखं बन्धात्प्रमुच्यते ॥
विहाय कामान् यः कर्वाण्युमांश्चरति
निस्पृहः।
निर्ममो निरहंकार स शांतिमधिगच्छति ॥
नियतं कुरु कर्म त्वं कर्म ज्यायो ह्यकर्मणः।
शरीरयात्रापि च ते न प्रसिद्धयेदकर्मणः ॥
प्रायशो हि कृतं कर्म नाफलं दृश्यते भुवि।
अकृत्वा च पुनर्मुखं कर्म पश्येन्ममहाफलम् ॥

Jananpreet Kaur
BA=final

Placement Cell



छात्राओं को जानकारी देते प्रो. शिवांगी शर्मा व उपस्थिति। (एजेण्डा)

कॉमर्स छात्राओं को बिजनेस एनलिस्टिक्स एंड डेटा साइंस के विषय में दी जानकारी

शहजादपुर, 3 दिसम्बर (एजेण्डा): राजकीय महिला महाविद्यालय शहजादपुर में कालेज प्राचार्य रजनी भल्ला की अध्यक्षता में प्लेसमेंट सैल द्वारा बिजनेस एनलिस्टिक्स एंड डेटा साइंस में कॉमर्स छात्राओं के लिए करियर की सम्भावना विषय पर एक व्याख्यान आयोजित किया गया। जिसकी विस्तृत जानकारी देते हुए प्लेसमेंट सैल की संयोजक डा. योगिता सिरोही ने बताया कि छात्राओं को रोजगारोन्मुखी अवसरों और संभावनाओं की जानकारी प्रदान करने के लिए प्लेसमेंट सैल द्वारा अनेक गतिविधियां आयोजित की जाती हैं।

इसी कड़ी में आज राजकीय महाविद्यालय विरोहर, झज्जर के वॉफिन्स विभाग से सहायक प्रो. शिवांगी शर्मा को विस्तार व्याख्यान के लिए आमंत्रित किया गया है, जिन्होंने अपने व्याख्यान में कॉमर्स की छात्राओं को बिजनेस एनलिस्टिक्स एंड डेटा साइंस के विषय में विस्तृत जानकारी प्रदान की। उन्होंने इस क्षेत्र में विभिन्न योग्यताओं और अफसरों पर विस्तार पूर्वक समझाया। इस अवसर पर प्लेसमेंट सैल के सभी सदस्य प्रो. आरती, डा. पूनम आदि उपस्थित रहे।



Cultural Activities: Annual Function & Zonal Level Youth Festival





Harshdeep,
B.sc Second Year

Sometime for You