

## Lesson Plan

Name of College : **Government College for Women, Shahzadpur (Ambala)**

Academic Session : **Feb-June (2022-23)**

Class : **B. A. Semester -VI**

Paper : **Applied Psychology**

Teacher's Name : **Dr Nandini Moudgil**

Month	Dates	Topic to be covered	Academic/ Activity to be organized	Assignments/ Tests
<b>FEB 2023</b>	1-4	Introduction to Applied Psychology, meaning and History		
	6-11	Applied Psychology-fields and careers. Revision Organisational Psychology-nature,		
	13-17	Organisational Psychology- scope, objectives and development		
	20-25	Guidance- objectives, Principles, types		Assignment I
	27-28	Organisation of Guidance programme		
<b>MARCH 2023</b>	1-4	Counselling-need, principles, Revision	Extension Lecture	
	13-18	Counselling special areas and types , Revision Health Psychology-meaning		Assignment II
	20-25	Health Psychology -Health and illness scope and objectives,		
	27-31	Psychological factors in Physical illness,		
<b>APRIL 2023</b>	1	lifestyle and health	Poster Presentation	Test
	3-8	stress and coping Revision		
	10-15	Forensic Psychology in law		
	17-21	Eyewitness memory, Accuracy and improvement	Group discussion	
	24-29	Eyewitness memory, Accuracy and improvement , Revision		
<b>MAY 2023</b>	1-6	Correlation- Meaning, Rank difference,		
	8-13	Product moment correlation		
	15-20	PRACTICE		
	23-26	Revision		

Teacher's Sign

HOD

Principal

## Lesson Plan

Name of College : **Government College for Women, Shahzadpur (Ambala)**

Academic Session : **Feb-June (2022-23)**

Class : **B. A. Semester -IV**

Paper : **Developmental Psychology**

Teacher's Name : **Dr. Nandini Moudgil**

Month	Dates	Topic to be covered	Academic/ Activity to be organized	Assignments/ Tests
<b>FEB 2023</b>	1-4	Human Development-concept and principles		
	6-11	Human Development-biological factors		
	13-17	Human Development-social and cultural factors		
	20-25	Revision and Assignment	Group discussion	Assignment I
	27-28	Prenatal development- determinants and stages		
<b>MARCH 2023</b>	1-4	Infancy-characteristics	Extension Lecture	
	13-18	Infancy -Hazards and Adjustment ,Revision and Assignment		
	20-25	Childhood-characteristics, perceptual and motor development		
	27-31	Childhood-emotional and cognitive development		
<b>APRIL 2023</b>	1	Adolescents- characteristics, problems and adjustment issues	Experiential activity	
	3-8	Adolescents- characteristics contd., problems and adjustment issues		Assignment II
	10-15	Adolescents- problems and adjustment issues contd., Revision and Assignment		
	17-21	Early adulthood Aging-patterns and problems		Test
	24-29	Late adulthood Aging-patterns and problems		
<b>MAY 2023</b>	1-6	Measures of Variability-Quartile deviation		
	8-13	Standard deviation		
	15-20	Practice of statistics		
	23-26	Revision		

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## Lesson Plan

Name of College : **Government College for Women, Shahzadpur (Ambala)**

Academic Session : **Feb-June (2022-23)**

Class : **B. A. Semester -II**

Paper : **Experimental Psychology**

Teacher's Name : **Dr. Nandini Moudgil**

Month	Dates	Topic to be covered	Academic/ Activity to be organized	Assignments/ Tests
<b>FEB 2023</b>	1-4	Attention-nature and characteristics		
	6-11	Types of Attention Psychophysics-Problems	Group discussion	
	13-17	Psychophysics- classical methods		
	20-25	Revision and Assignment		Assignment I
	27-28	Learning-definition and factors Trial and Error learning		
<b>MARCH 2023</b>	1-4	Classical and operant Conditioning	Extension Lecture	
	13-18	Insightful learning Revision		
	20-25	Memory-definition ,stages, STM and LTM		
	27-31	Methods to study Memory Fogetting –factors . Pneomonics	Experiential activity	
<b>APRIL 2023</b>	1	Revision and Assignment II		Assignment II
	3-8	Problem Solving-stages Convergent and Divergent thinking		
	10-15	Statistics-Frequency distribution,		
	17-21	Graphical presentation-bar diagram, histogram		Test
	24-29	Graphical presentation-ogive, pie chart, polygon		
<b>MAY 2023</b>	1-6	Measures of Central Tendencies-mean		
	8-13	Median and mode		
	15-20	Practice of statistics		
	23-26 23-26	Revision		

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