

## Lesson Plan

**Name of College: Government College for Women, Shahzadpur (Ambala)**  
**Academic Session: Sept.-Dec. (2022-23), Class: B.A 1st Semester**  
**Paper: Introduction to Psychology**  
**Teacher's Name: Dr Nandini Moudgil**

Month		Topic	Academic/ Activity	Assignment/Test
Sept.	1-3	Psychology- Introduction and History		
	5-10	Methods of Psychology- Experimental		
	12-17	Methods of Psychology-Survey and Observation		
	19-24	Sensory processes- Structure and function of Eye	Power point presentation	Unit Test
	27-30	Sensory processes- Structure and function of Ear	Power point presentation	
Oct.	1	Perception - nature		1 <sup>st</sup> Assignment
	3-8	Figure and ground perception Perceptual Organisation	Experiential Activity on Perception	
	10-15	Depth perception cues		
	17-21	Emotion-nature and bodily changes		
	2-5	James-Lange theory of emotions Cannon-Bard theory of emotions		Test & 2 <sup>nd</sup> Assignment
Nov.	7-12	Schachter-Singer theory of Emotions Motivation- nature		
	14-19	Biological motives and Psychological motives	Group Discussion	
	21-26	Personality – nature Determinants of Personality		
	28-30	Type Approach to Personality		Unit test
Dec.	1-3	Intelligence- nature and Spearman's theory of Intelligence		
	5-10	Spearman's theory of Intelligence (contd.) Cattell's theory of Intelligence	Group discussion	
	12-24	Revision Revision and test		

Teacher's Sign

*Nandini*

Dr Nandini Moudgil  
Assistant Prof (Psy.)  
GCW, Shahzadpur

HOD

*Nandini*

Dr Nandini Moudgil  
Assistant Prof (Psy.)  
GCW, Shahzadpur

Principal