

Lesson Plan

Name of College: Government College for Women, Shahzadpur (Ambala)

Academic Session: Sept.-Dec. (2022-23) Class: B.A 5th Semester

Paper: Psychopathology

Teacher's Name: Dr Nandini Moudgil

Month		Topic	Academic Activity	Assignment/Test
Sept.	1-3	Concept of Normality and abnormality		
	5-10	Biological approach to Abnormality Psychodynamic approach to Abnormality	Powerpoint presentation	
	12-17	Psychodynamic approach to Abnormality contd. Behaviouristic approach to Abnormality		
	19-24	Cognitive approach to Abnormality		
	27-30	Classification of Psychopathology-need		Test
Oct.	1	DSM system		
	3-8	DSM system contd. Diagnostic assessment		
	10-15	Diagnostic assessment- case history Diagnostic assessment -Interview		Unit Test& 1st Assignment
	17-21	Diagnostic assessment- projective techniques	Experiential activity on Projection	
	27-31	Anxiety based disorders Anxiety based disorders- GAD		
Nov.	2-5	GAD – symptoms and causes contd.		
	7-12	OCD- symptoms and causes		
	14-19	PHOBIC Disorders		
	21-26	Substance /Drug abuse- causes and consequences	Powerpoint presentation	
	28-30	Substance /Drug abuse- consequences and rehabilitation		
Dec.	1-3	Mood Disorders- Unipolar , symptoms and its causes		2nd Assignment

5-10	Mood Disorders- Bipolar , symptoms and its causes Schizophrenia-nature	Group Discussion	
12-17	Schizophrenia- types and causes		
19-24	Revision and test		

Teacher's Sign

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